

3 Counties Cross Country League Results

Venue		Stopsley		12-January-2025			Team	AgeCat
Pos.		First Name	Surname	Club	Category	Points	Points	Points
1	1227	Joe	Able	Wellingborough & District AC	M25-29	1	1	1
2	77	Ben	Hadman	North Herts Road Runners	M30-34	2	2	1
3	56	Rob	Jowett	North Herts Road Runners	M35-39	3	3	1
4	1306	Nicholas	Ost	Wootton Road Runners	M35-39	4	4	2
5	1282	Andy	Fairley	Wootton Road Runners	M45-49	5	5	1
6	1211	John	Wayland	Wellingborough & District AC	M45-49	6	6	2
7	225	Dan	Karaiskou	Amphill & Flitwick Flyers	M30-34	7	7	2
8	1045	Rob	Barnes	Stopsley Striders	M35-39	8	8	3
9	5	Travis	Kruger	North Herts Road Runners	M40-44	9	9	1
10	1148	Stirling	Green	Northants Tri	M17-19	10	10	1
11	405	Joseph	Leonard	Bedford Harriers	M20-24	11	11	1
12	48	Andrew	Leach	North Herts Road Runners	M60-64	12	12	1
13	230	Chris	Littlejohn	Amphill & Flitwick Flyers	M45-49	13	13	3
14	497	Kit	Dixon	Bedford Harriers	M30-34	14	14	3
15	272	Isaac	Aguma	Bedford Harriers	M30-34	15	15	4
16	978	Chris	Ling	Olney Runners	M40-44	16	16	2
17	66	Matt	Sayers	North Herts Road Runners	M45-49	17	17	4
18	1199	Ed	Norris	Wellingborough & District AC	M35-39	18	18	4
19	367	Adam	Hill	Bedford Harriers	M30-34	19	19	5
20	1383	Richard	Francis	Rugby & Northampton AC	M40-44	20	20	3
21	942	Issac	Walter	Northampton Road Runners	M25-29	21	21	2
22	1213	Paul	Huckle	Wellingborough & District AC	M35-39	22	22	5
23	260	Mark	Waine	Amphill & Flitwick Flyers	M50-54	23	23	1
24	343	Daniel	Foster	Bedford Harriers	M20-24	24	24	2
25	253	Terry	Stanley	Amphill & Flitwick Flyers	M35-39	25	25	6
26	626	Gabriel	Popescu	Dunstable Lions	M40-44	26	26	4
27	1083	Tom	Rankin	Stopsley Striders	M25-29	27	27	3
28	1471	Sam	Mead	Dunstable Lions	M20-24	28	28	3
29	297	Ed	Castro	Bedford Harriers	M35-39	29	29	7
30	1374	Dave	Conway	Rugby & Northampton AC	M40-44	30	30	5
31	624	Darren	Cornish	Dunstable Lions	M50-54	31	31	2
32	217	Callum	Harrison	Amphill & Flitwick Flyers	M30-34	32	32	6
33	1141	Pete	DeBoo	Northants Tri	M30-34	33	33	7
34	1150	Simon	Smith	Northants Tri	M30-34	34	34	8
35	427	Vittorio	Paci	Bedford Harriers	M50-54	35	35	3
36	1024	Katie	Godof	Olney Runners	F45-49	1	36	1
37	189	Andy	Bierton	Amphill & Flitwick Flyers	M50-54	36	37	4
38	1080	Ryan	Parsons	Stopsley Striders	M25-29	37	38	4
39	545	Robert	Morgan	Biggleswade AC	M45-49	38	39	5
40	1147	Andy	Green	Northants Tri	M60-64	39	40	2
41	1285	Richard	Lack	Wootton Road Runners	M50-54	40	41	5
42	551	Nicholas	Sinclair	Biggleswade AC	M30-34	41	42	9
43	1022	Thomas	Baggot	Olney Runners	M35-39	42	43	8
44	392	Timothy	Kearns	Bedford Harriers	M30-34	43	44	10
45	183	Roger	Ball	Amphill & Flitwick Flyers	M50-54	44	45	6
46	3	Vince	Wright	North Herts Road Runners	M45-49	45	46	6
47	1284	Thomas	Lack	Wootton Road Runners	M20-24	46	47	4
48	1432	Joe	Musgrove	Rugby & Northampton AC	M20-24	47	48	5
49	4	Mike	Banister	North Herts Road Runners	M45-49	48	49	7
50	1149	Richard	Cressey	Northants Tri	M45-49	49	50	8
51	1153	Jonathan	Prince	Northants Tri	M30-34	50	51	11
52	555	Emily	Varley	Biggleswade AC	F30-34	2	52	1
53	58	Steve	Mckeown	North Herts Road Runners	M55-59	51	53	1
54	1215	Jon	Kemp	Wellingborough & District AC	M50-54	52	54	7
55	1410	Richard	Owen	Rugby & Northampton AC	M45-49	53	55	9
56	1379	Steve	Dixon	Rugby & Northampton AC	M45-49	54	56	10
57	20	Ian	Datlen	North Herts Road Runners	M50-54	55	57	8
58	370	Chris	Hoare	Bedford Harriers	M40-44	56	58	6
59	1056	Ellie	Davies	Stopsley Striders	M30-34	57	59	12

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Pos.		First Name	Surname	Club	Category	Points	Points	Points	
60	34	Michael	Over	North Herts Road Runners	M55-59	58	60	2	
61	1072	Christine	Lathwell	Stopsley Striders	F45-49	3	61	2	
62	91	James	Keogh	North Herts Road Runners	M45-49	59	62	11	
63	1203	Mark	Bonham	Wellingborough & District AC	M55-59	60	63	3	
64	1151	Tom	Brennan	Northants Tri	M35-39	61	64	9	
65	638	Russell	Mead	Dunstable Lions	M50-54	62	65	9	
66	715	Tom	Ellerton	Leighton Fun Runners	M30-34	63	66	13	
67	579	Jose	Santos	Dunstable Road Runners	M45-49	64	67	12	
68	689	Michael	Dudley	Leighton Fun Runners	M35-39	65	68	10	
69	706	Nicholas	Shelley	Leighton Fun Runners	M40-44	66	69	7	
70	17	Rhia	Botha	North Herts Road Runners	F35-39	4	70	1	
71	1226	Robin	Sturman-Coombs	Wellingborough & District AC	M40-44	67	71	8	
72	660	Lee	Hayward	Dunstable Lions	M45-49	68	72	13	
73	18	David	Edwards	North Herts Road Runners	M45-49	69	73	14	
74	1098	Kallum	Wright	Stopsley Striders	M30-34	70	74	14	
75	673	Rosie	Booth	Leighton Fun Runners	F45-49	5	75	3	
76	1387	Jo	Harris	Rugby & Northampton AC	F40-44	6	76	1	
77	692	Daniel	Green	Leighton Fun Runners	M50-54	71	77	10	
78	924	David	Ward-Stokes	Northampton Road Runners	M45-49	72	78	15	
79	603	Bryn	Thomas	Dunstable Road Runners	M40-44	73	79	9	
80	10	Mike	Phillips	North Herts Road Runners	M40-44	74	80	10	
81	718	Scott	McKenzie	Leighton Fun Runners	M30-34	75	81	15	
82	636	Wesley	Thorne	Dunstable Lions	M45-49	76	82	16	
83	1305	Philip	Wood	Wootton Road Runners	M45-49	77	83	17	
84	14	Hannah	Ridley	North Herts Road Runners	F25-29	7	84	1	
85	284	Cameron	Blair	Bedford Harriers	M30-34	78	85	16	
86	1165	Gemma	Threlfall	Northants Tri	F25-29	8	86	2	
87	1411	Nigel	Roberts	Rugby & Northampton AC	M50-54	79	87	11	
88	700	Anthony	Lombardi	Leighton Fun Runners	M40-44	80	88	11	
89	1389	Lorna	Hession	Rugby & Northampton AC	F40-44	9	89	2	
90	1042	Paul	Abrahams	Stopsley Striders	M45-49	81	90	18	
91	1162	Andrew	Verra	Northants Tri	M35-39	82	91	11	
92	457	Ellie	Sherriffs	Bedford Harriers	F40-44	10	92	3	
93	592	Nikk	Shilvock	Dunstable Road Runners	M55-59	83	93	4	
94	975	Andrew	Jones	Olney Runners	M55-59	84	94	5	
95	1020	Terry	O'Cleirigh	Olney Runners	M60-64	85	95	3	
96	1322	Oliver	Spicer	Wootton Road Runners	M40-44	86	96	12	
97	654	Joshua	Brown	Dunstable Lions	M17-19	87	97	2	
98	384	Megan	Jones	Bedford Harriers	F30-34	11	98	2	
99	1061	Gez	Fallon	Stopsley Striders	M50-54	88	99	12	
100	414	Gary	Mckeaveney	Bedford Harriers	M40-44	89	100	13	
101	720	Richard	Heady	Leighton Fun Runners	M35-39	90	101	12	
102	1018	Steve	Dicks	Olney Runners	M50-54	91	102	13	
103	45	Pete	Sibbett	North Herts Road Runners	M60-64	92	103	4	
104	78	Tracey	Pitcairn	North Herts Road Runners	F40-44	12	104	4	
105	356	James	Goodman	Bedford Harriers	M40-44	93	105	14	
106	1290	David	Parkin	Wootton Road Runners	M60-64	94	106	5	
107	995	Jonathan	Goodman	Olney Runners	M35-39	95	107	13	
108	187	Matt	Bell	Amphill & Flitwick Flyers	M25-29	96	108	5	
109	699	Joseph	Langdon	Leighton Fun Runners	M45-49	97	109	19	
110	1293	Richard	Moore	Wootton Road Runners	M60-64	98	110	6	
111	1198	Greg	Haywood	Wellingborough & District AC	M45-49	99	111	20	
112	558	James	Watson	Biggleswade AC	M35-39	100	112	14	
113	1047	Nick	Betts	Stopsley Striders	M45-49	101	113	21	
114	1435	Kevin	Mchlouglin	Rugby & Northampton AC	M45-49	102	114	22	
115	1426	Sophie	Wilkinson-Hargate	Rugby & Northampton AC	F50-54	13	115	1	
116	210	Fraser	Geddes	Amphill & Flitwick Flyers	M40-44	103	116	15	
117	13	Helen	Nuttall	North Herts Road Runners	F40-44	14	117	5	
118	533	Nick	Haworth	Biggleswade AC	M45-49	104	118	23	

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119	132	Jess	Anstee	Amphill & Flitwick Flyers	F40-44	15	119	6	
120	1013	Richard	Nicholson	Olney Runners	M45-49	105	120	24	
121	327	Richard	Evans	Bedford Harriers	M35-39	106	121	15	
122	1216	Louise	Kemp	Wellingborough & District AC	F45-49	16	122	4	
123	1283	Niall	Gardiner	Wootton Road Runners	M45-49	107	123	25	
124	640	Emily	Gibbons	Dunstable Lions	F40-44	17	124	7	
125	581	Matt	Deller	Dunstable Road Runners	M45-49	108	125	26	
126	1366	Vince	Carroll	Rugby & Northampton AC	M55-59	109	126	6	
127	900	Dean	Shears	Northampton Road Runners	M45-49	110	127	27	
128	637	Andy	Smith	Dunstable Lions	M55-59	111	128	7	
129	1111	John	Chapman	Stopsley Striders	M65-69	112	129	1	
130	232	Steven	MacLaughlan	Amphill & Flitwick Flyers	M45-49	113	130	28	
131	369	Adam	Hills	Bedford Harriers	M45-49	114	131	29	
132	521	Charlie	Arnold	Biggleswade AC	M65-69	115	132	2	
133	534	Giles	Hawthorne	Biggleswade AC	M50-54	116	133	14	
134	1160	Keith	Brooks	Northants Tri	M45-49	117	134	30	
135	717	Mark	Kleanthous	Leighton Fun Runners	M60-64	118	135	7	
136	540	Roxann	Holder	Biggleswade AC	F30-34	18	136	3	
137	1054	Thomas	Darby	Stopsley Striders	M45-49	119	137	31	
138	1005	Mary	Jones	Olney Runners	F50-54	19	138	2	
139	1015	Sarah	McAuliffe	Olney Runners	F35-39	20	139	2	
140	1457	Darrel	Toledo	Dunstable Road Runners	M35-39	120	140	16	
141	1081	Ian	Pitkin	Stopsley Striders	M55-59	121	141	8	
142	1097	Paul	Whitford	Stopsley Striders	M55-59	122	142	9	
143	641	Simon	Robbinson	Dunstable Lions	M50-54	123	143	15	
144	985	David	Shakespeare	Olney Runners	M55-59	124	144	10	
145	144	Kyrstin	Fairweather	Amphill & Flitwick Flyers	F50-54	21	145	3	
146	927	David	Whatton	Northampton Road Runners	M60-64	125	146	8	
147	821	Mark	Garrett	Northampton Road Runners	M60-64	126	147	9	
148	288	Mike	Brewer	Bedford Harriers	M45-49	127	148	32	
149	496	Amelia	Abbott	Bedford Harriers	F20-24	22	149	1	
150	1037	Henny	Keppel	Olney Runners	F45-49	23	150	5	
151	1051	Heather	Chandler	Stopsley Striders	F50-54	24	151	4	
152	691	Steve	Ellerton	Leighton Fun Runners	M60-64	128	152	10	
153	417	Andrew	Monteith	Bedford Harriers	M50-54	129	153	16	
154	49	Paula	Adams	North Herts Road Runners	F55-59	25	154	1	
155	390	Ian	Joyce	Bedford Harriers	M60-64	130	155	11	
156	1368	David	Chandler	Rugby & Northampton AC	M65-69	131	156	3	
157	1245	Paula	Faller	Wellingborough & District AC	F40-44	26	157	8	
158	399	Sally	Knight	Bedford Harriers	F50-54	27	158	5	
159	1159	Gary	Lane	Northants Tri	M60-64	132	159	12	
160	1409	Lyndsey	Owen	Rugby & Northampton AC	F45-49	28	160	6	
161	294	Gary	Butler	Bedford Harriers	M55-59	133	161	11	
162	694	Andrew	Heale	Leighton Fun Runners	M55-59	134	162	12	
163	99	Rachel	Arnott	North Herts Road Runners	F45-49	29	163	7	
164	504	Elwyn	Simmons	Bedford Harriers	M50-54	135	164	17	
165	9	Natalie	Phillips	North Herts Road Runners	F40-44	30	165	9	
166	1434	Gavin	Kendall	Rugby & Northampton AC	M35-39	136	166	17	
167	646	Cahal	McConville	Dunstable Lions	M55-59	137	167	13	
168	426	Lauren	Owens	Bedford Harriers	F35-39	31	168	3	
169	629	Mark	Cornell	Dunstable Lions	M60-64	138	169	13	
170	1071	Danny	Kelly	Stopsley Striders	M60-64	139	170	14	
171	68	David	Weston	North Herts Road Runners	M65-69	140	171	4	
172	443	Jerry	Pullinger	Bedford Harriers	M65-69	141	172	5	
173	368	Richard	Hill	Bedford Harriers	M60-64	142	173	15	
174	190	Mark	Billington	Amphill & Flitwick Flyers	M60-64	143	174	16	
175	544	Natalie	Morgan	Biggleswade AC	F45-49	32	175	8	
176	539	Richard	Hill	Biggleswade AC	M55-59	144	176	14	
177	721	Andy	Stocks	Leighton Fun Runners	M50-54	145	177	18	

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Pos.		First Name	Surname	Club	Category	Points	Points	Points	
178	587	Teresa	Warren	Dunstable Road Runners	F55-59	33	178	2	
179	185	Ed	Bell	Amphill & Flitwick Flyers	M25-29	146	179	6	
180	1108	Mark	Bradley	Stopsley Striders	M50-54	147	180	19	
181	361	Nora	Haggart	Bedford Harriers	F65-69	34	181	1	
182	693	Kevin	Hare	Leighton Fun Runners	M50-54	148	182	20	
183	1289	Caroline	Parkin	Wootton Road Runners	F60-64	35	183	1	
184	1089	Jamila	Salam	Stopsley Striders	F35-39	36	184	4	
185	712	William	Langdon	Leighton Fun Runners	M40-44	149	185	16	
186	182	Andy	Atherton	Amphill & Flitwick Flyers	M60-64	150	186	17	
187	1076	Shaun	Mutter	Stopsley Striders	M35-39	151	187	18	
188	315	Nick	Cross	Bedford Harriers	M60-64	152	188	18	
189	728	Bob	Nichol	Leighton Fun Runners	M55-59	153	189	15	
190	467	Stuart	Snelson	Bedford Harriers	M45-49	154	190	33	
191	668	Simon	Howes	Dunstable Lions	M50-54	155	191	21	
192	666	Katy	Ludwell	Dunstable Lions	F40-44	37	192	10	
193	695	Christopher	Heale	Leighton Fun Runners	M20-24	156	193	6	
194	1050	Peter	Brown	Stopsley Striders	M40-44	157	194	17	
195	1036	Caroline	Herman	Olney Runners	F55-59	38	195	3	
196	1407	Richard	Monk	Rugby & Northampton AC	M65-69	158	196	6	
197	40	John	Auld	North Herts Road Runners	M40-44	159	197	18	
198	186	Jeremy	Bell	Amphill & Flitwick Flyers	M60-64	160	198	19	
199	665	Anouska	Harrison	Dunstable Lions	F45-49	39	199	9	
200	926	Barry	Wesley	Northampton Road Runners	M60-64	161	200	20	
201	719	Samantha	Heady	Leighton Fun Runners	F40-44	40	201	11	
202	337	Debi	Fisher	Bedford Harriers	F30-34	41	202	4	
203	1239	James	Terry	Wellingborough & District AC	M50-54	162	203	22	
204	1385	Sean	Godding-Povey	Rugby & Northampton AC	M55-59	163	204	16	
205	611	Adam	Pinney	Dunstable Road Runners	M65-69	164	205	7	
206	1323	Paul	Warden	Wootton Road Runners	M60-64	165	206	21	
207	15	Caroline	Thrusell	North Herts Road Runners	F60-64	42	207	2	
208	1194	Marc	Sanderson	Wellingborough & District AC	M45-49	166	208	34	
209	1452	Sam	Roberts	Dunstable Road Runners	M45-49	167	209	35	
210	781	David	Blackburn	Northampton Road Runners	M65-69	168	210	8	
211	302	Mark	Clements	Bedford Harriers	M40-44	169	211	19	
212	39	Gregor	Bowie	North Herts Road Runners	M40-44	170	212	20	
213	458	Graham	Short	Bedford Harriers	M65-69	171	213	9	
214	131	Jo	Aatkar	Amphill & Flitwick Flyers	F55-59	43	214	4	
215	1371	Hayley	Clarke	Rugby & Northampton AC	F45-49	44	215	10	
216	664	Timothy	Chute	Dunstable Lions	M30-34	172	216	17	
217	892	Steve	Prior	Northampton Road Runners	M60-64	173	217	22	
218	1369	Minerva	Chesser	Rugby & Northampton AC	F50-54	45	218	6	
219	338	Olivia	Flemons	Bedford Harriers	F25-29	46	219	3	
220	1473	Martina	McIntyre	Dunstable Lions	F55-59	47	220	5	
221	535	Andrew	Hedley	Biggleswade AC	M60-64	174	221	23	
222	1084	Stewart	Read	Stopsley Striders	M50-54	175	222	23	
223	1063	Gary	Fowler	Stopsley Striders	M60-64	176	223	24	
224	847	Tim	Leah	Northampton Road Runners	M40-44	177	224	21	
225	1021	Therese	O'Riordan	Olney Runners	F45-49	48	225	11	
226	653	David	Wallace	Dunstable Lions	M60-64	178	226	25	
227	1070	Paul	Keech	Stopsley Striders	M65-69	179	227	10	
228	90	Georgina	Quayle	North Herts Road Runners	F30-34	49	228	5	
229	1157	Gemma	McRae	Northants Tri	F35-39	50	229	5	
230	411	Rob	McCaffray	Bedford Harriers	M55-59	180	230	17	
231	1073	Miriam	Linthorpe	Stopsley Striders	F40-44	51	231	12	
232	147	Caroline	Gilby	Amphill & Flitwick Flyers	F60-64	52	232	3	
233	155	Theresa	Jackson	Amphill & Flitwick Flyers	F50-54	53	233	7	
234	708	Wayne	Walker	Leighton Fun Runners	M45-49	181	234	36	
235	1059	Andrew	Durrant	Stopsley Striders	M65-69	182	235	11	
236	403	Richard	Lawson	Bedford Harriers	M55-59	183	236	18	

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Pos.		First Name	Surname	Club	Category	Points			
237	199	Colin	Clennett	Amphill & Flitwick Flyers	M60-64	184	237	26	
238	22	Lucy	O'Connor	North Herts Road Runners	F60-64	54	238	4	
239	554	Louise	Thomas	Biggleswade AC	F25-29	55	239	4	
240	476	Beverley	Tredget	Bedford Harriers	F60-64	56	240	5	
241	530	Ian	Grimwood	Biggleswade AC	M70-74	185	241	1	
242	837	Dean	Humphreys	Northampton Road Runners	M55-59	186	242	19	
243	827	Alan	Hall	Northampton Road Runners	M65-69	187	243	12	
244	1154	Katharine	Prince	Northants Tri	F30-34	57	244	6	
245	1088	John	Ryan	Stopsley Striders	M60-64	188	245	27	
246	1241	Alan	Griffiths	Wellingborough & District AC	M55-59	189	246	20	
247	696	Alan	Hines	Leighton Fun Runners	M45-49	190	247	37	
248	861	Lesley	Mahony	Northampton Road Runners	F50-54	58	248	8	
249	1458	Georgina	Marsay	Dunstable Road Runners	F30-34	59	249	7	
250	224	Richie	Jones	Amphill & Flitwick Flyers	M60-64	191	250	28	
251	713	Paul	Atkinson	Leighton Fun Runners	M65-69	192	251	13	
252	1298	Deana	Lenton	Wootton Road Runners	F55-59	60	252	6	
253	73	Mel	Flynn	North Herts Road Runners	F40-44	61	253	13	
254	160	Autumn	Lynch	Amphill & Flitwick Flyers	F55-59	62	254	7	
255	11	Andrew	Coates	North Herts Road Runners	M45-49	193	255	38	
256	647	Lisa	Phee	Dunstable Lions	F45-49	63	256	12	
257	1112	Dan	Njawaya	Stopsley Striders	M45-49	194	257	39	
258	388	Tony	Jones	Bedford Harriers	M60-64	195	258	29	
259	1286	Pete	Diamond	Wootton Road Runners	M65-69	196	259	14	
260	1308	Dave	Jones	Wootton Road Runners	M50-54	197	260	24	
261	461	Veronica	Singleton-Lawley	Bedford Harriers	F60-64	64	261	6	
262	1065	Helen	Harris	Stopsley Striders	F55-59	65	262	8	
263	1321	Adrian	Matthews	Wootton Road Runners	M45-49	198	263	40	
264	620	Madie	Moffatt	Dunstable Road Runners	F20-24	66	264	2	
265	690	Yan	Edwards	Leighton Fun Runners	M35-39	199	265	19	
266	974	Alice	Tambigua	Olney Runners	F35-39	67	266	6	
267	883	Elaine	Palmer	Northampton Road Runners	F55-59	68	267	9	
268	1301	Harriet	Warden	Wootton Road Runners	F20-24	69	268	3	
269	279	Richard	Beard	Bedford Harriers	M70-74	200	269	2	
270	1453	Sara	Waters	Dunstable Road Runners	F55-59	70	270	10	
271	529	Stuart	Goodwin	Biggleswade AC	M45-49	201	271	41	
272	1294	Steve	Smith	Wootton Road Runners	M70-74	202	272	3	
273	1375	Angela	Copson	Rugby & Northampton AC	F75-99	71	273	1	
274	477	James	Trodd	Bedford Harriers	M35-39	203	274	20	
275	590	Robert	Lee	Dunstable Road Runners	M45-49	204	275	42	
276	1238	Paula	Thomas	Wellingborough & District AC	F45-49	72	276	13	
277	1196	Mary	Pearson	Wellingborough & District AC	F35-39	73	277	7	
278	478	Sacha	Trude	Bedford Harriers	F55-59	74	278	11	
279	44	Dawn	Power	North Herts Road Runners	F50-54	75	279	9	
280	85	Jo	Harbon	North Herts Road Runners	F60-64	76	280	7	
281	509	Wendy	Tharani	Bedford Harriers	F50-54	77	281	10	
282	397	Ian	Kingstone	Bedford Harriers	M55-59	205	282	21	
283	347	Amanda	Friman	Bedford Harriers	F65-69	78	283	2	
284	651	Greer	Kidney	Dunstable Lions	F50-54	79	284	11	
285	316	Sue	Cross	Bedford Harriers	F60-64	80	285	8	
286	1155	Adrian	Cherry	Northants Tri	M60-64	206	286	30	
287	574	Claire	Thomas	Dunstable Road Runners	F40-44	81	287	14	
288	1064	Richard	Hardy	Stopsley Striders	M70-74	207	288	4	
289	732	Kathryn	Hilton	Leighton Fun Runners	F35-39	82	289	8	
290	277	Tony	Barnes	Bedford Harriers	M60-64	208	290	31	
291	780	Duncan	Bisatt	Northampton Road Runners	M60-64	209	291	32	
292	1312	Kim	Pusey	Wootton Road Runners	F50-54	83	292	12	
293	1152	Anand	Mistry	Northants Tri	M35-39	210	293	21	
294	295	Lisa	Calvert	Bedford Harriers	F55-59	84	294	12	
295	1292	Kay	Duffy	Wootton Road Runners	F45-49	85	295	14	

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Team Points **AgeCat Points**

Pos.	First Name	Surname	Club	Category	Points	Team Points	AgeCat Points	
296	783	Vicki	Bonner	Northampton Road Runners	F35-39	86	296	9
297	583	Paul	Stack	Dunstable Road Runners	M60-64	211	297	33
298	359	Joanne	Green	Bedford Harriers	F40-44	87	298	15
299	667	Michelle	Jenner	Dunstable Lions	F55-59	88	299	13
300	672	Christine	Ayers	Leighton Fun Runners	F70-74	89	300	1
301	1436	Elliot	Charles	Rugby & Northampton AC	M50-54	212	301	25
302	856	Louise	Linnett	Northampton Road Runners	F55-59	90	302	14
303	556	Jackie	Warren	Biggleswade AC	F55-59	91	303	15
304	1396	Efthymia	Katsogianni	Rugby & Northampton AC	F55-59	92	304	16
305	1055	Liz	Davies	Stopsley Striders	F60-64	93	305	9
306	669	Joanna	Lee	Dunstable Lions	F40-44	94	306	16
307	1313	Diane	Rogers	Wootton Road Runners	F55-59	95	307	17
308	1011	Rachel	David	Olney Runners	F60-64	96	308	10
309	32	Hannah	Keeble	North Herts Road Runners	F40-44	97	309	17
310	1035	Christina	Goodman	Olney Runners	F35-39	98	310	10
311	1113	Carly	Eaves	Stopsley Striders	F40-44	99	311	18
312	1057	Steve	Day	Stopsley Striders	M50-54	213	312	26
313	33	Geoff	Davis	North Herts Road Runners	M50-54	214	313	27
314	300	Lynn	Christison	Bedford Harriers	F45-49	100	314	15
315	594	Ruth	Power	Dunstable Road Runners	F60-64	101	315	11
316	141	Valerie	Dawson	Amphill & Flitwick Flyers	F60-64	102	316	12
317	1291	Samantha	Innis	Wootton Road Runners	F45-49	103	317	16
318	1095	Martin	West	Stopsley Striders	M45-49	215	318	43
319	1296	Shane-Louise	Fordham	Wootton Road Runners	F40-44	104	319	19
320	679	Janet	Langdon	Leighton Fun Runners	F70-74	105	320	2
321	1115	Katerina	Tuloo	Stopsley Striders	F45-49	106	321	17
322	591	Claire	Belmar	Dunstable Road Runners	F45-49	107	322	18
323	705	Jon	Riley	Leighton Fun Runners	M35-39	216	323	22
324	1472	Gary	Skinner	Dunstable Lions	M55-59	217	324	22
325	543	Maria	Meridan	Biggleswade AC	F50-54	108	325	13
326	771	Dawn	Bailham	Northampton Road Runners	F60-64	109	326	13
327	201	Rob	Cook	Amphill & Flitwick Flyers	M65-69	218	327	15
328	84	Sue	Vaughan	North Herts Road Runners	F55-59	110	328	18
329	1459	Fatima	Parkar	Dunstable Road Runners	F55-59	111	329	19
330	16	Georgia	Head	North Herts Road Runners	F25-29	112	330	5
331	983	David	O'Connor	Olney Runners	M55-59	219	331	23
332	305	Rachel	Cooke	Bedford Harriers	F50-54	113	332	14
333	909	Sue	Summers	Northampton Road Runners	F60-64	114	333	14
334	1114	Emma	Butcher	Stopsley Striders	F50-54	115	334	15
335	389	Melanie	Joy	Bedford Harriers	F40-44	116	335	20
336	578	Jonathan	Venning	Dunstable Road Runners	M70-74	220	336	5
337	532	Magdalena	Hartley	Biggleswade AC	F40-44	117	337	21
338	312	Stephen	Crane	Bedford Harriers	M65-69	221	338	16
339	702	Richard	Meredith	Leighton Fun Runners	M50-54	222	339	28
340	805	Sheena	Desborough	Northampton Road Runners	F50-54	118	340	16
341	487	Helen	Whiting	Bedford Harriers	F35-39	119	341	11
342	1324	Jo	Ward	Wootton Road Runners	F60-64	120	342	15
343	502	Laura	Dove	Bedford Harriers	F30-34	121	343	8
344	254	Dave	Stanley	Amphill & Flitwick Flyers	M70-74	223	344	6
345	782	Helen	Blackburn	Northampton Road Runners	F60-64	122	345	16
346	157	Claire	Jones	Amphill & Flitwick Flyers	F60-64	123	346	17
347	1146	Andrew	Guilder	Northants Tri	M40-44	224	347	22
348	181	Paresh	Aatkar	Amphill & Flitwick Flyers	M55-59	225	348	24
349	268	David	Bailey	Amphill & Flitwick Flyers	M60-64	226	349	34
350	145	Rebecca	Fleckney	Amphill & Flitwick Flyers	F40-44	124	350	22
351	177	Annette	Bell	Amphill & Flitwick Flyers	F60-64	125	351	18
352	1247	Sally	Hewitt	Wellingborough & District AC	F70-74	126	352	3
353	53	Lindsay	Cook	North Herts Road Runners	F45-49	127	353	19
354	851	Joanna	Letts	Northampton Road Runners	F50-54	128	354	17

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Pos.		First Name	Surname	Club	Category	Points	Team Points	AgeCat Points
355	538	Lynn	Hill	Biggleswade AC	F55-59	129	355	20
356	406	Vanessa	Lipski	Bedford Harriers	F55-59	130	356	21
357	413	Andrea	McGrellis	Bedford Harriers	F55-59	131	357	22
358	1046	Leigh	Betts	Stopsley Striders	F45-49	132	358	20
359	1074	Evelyn	Lutterodt	Stopsley Striders	F50-54	133	359	18
360	675	Michelle	Evans-Riches	Leighton Fun Runners	F55-59	134	360	23
361	681	Lynda	Murray	Leighton Fun Runners	F55-59	135	361	24
362	89	Carina	Quayle	North Herts Road Runners	F65-69	136	362	3
363	1143	Sharon	Packer	Northants Tri	F55-59	137	363	25
364	283	Lyndsey	Bithrey	Bedford Harriers	F60-64	138	364	19
365	678	Nicole	Gibbs	Leighton Fun Runners	F35-39	139	365	12
366	1109	Lauren	Embleton	Stopsley Striders	F25-29	140	366	6
367	35	Brian	Judkins	North Herts Road Runners	M65-69	227	367	17
368	1062	Jane	Few	Stopsley Striders	F55-59	141	368	26
369	471	Gemma	Stevenson	Bedford Harriers	F45-49	142	369	21
370	1079	Charles	Nelis	Stopsley Striders	M55-59	228	370	25
371	1158	Val	Bridges	Northants Tri	F70-74	143	371	4