3 Counties Cross Country League Results

After 2 Events

Open Men

15-November-2026

	First Name	Surname	Club	Age Cat	Dunstable	Wootton	North Herts	Bedford	Stopsley	Pos	Races	Score
1069	Mohammed	Elbayan	Stopsley Striders	M25-29	1					1	1	1
1189	Stirling	Green	Northants Tri	M20-24		1				1	1	1
318	Steven	Baldwin	Bedford Harriers	M35-39	4	2				3	2	2
707	Michael	Harkin	Dunstable Lions	M17-19	2	3				3	2	2
1463	Steve	Buckle	Dunstable Lions	M45-49	3					5	1	3
1337	Andy	Fairley	Wootton Road Runners	M50-54		4				6	1	4
1194	Peter	Townsend	Wellingborough & District AC	M35-39	5					7	1	5
1290	Nick	Ost	Wootton Road Runners	M35-39		5				7	1	5
106	Ben	Hadman	North Herts Road Runners	M30-34		6				9	1	6
916	Issac	Walter	Northampton Road Runners	M25-29	6	11				9	2	6
1207	Joe	Abel	Wellingborough & District AC	M25-29	7					11	1	7
1362	David	Ball	Rugby & Northampton AC	M45-49	9	7				11	2	7
341	Liam	Busby	Bedford Harriers	M30-34	8					13	1	8
1186	Ross	Laycock	Northants Tri	M30-34		8				13	1	8
104	Mike	Roberts	North Herts Road Runners	M35-39		9				15	1	9
539	Ryan	Murphy	Bedford Harriers	M35-39	11	10				16	2	10
676	Spencer	Park	Dunstable Lions	M30-34	10	14				16	2	10
417	Billy	Cano	Bedford Harriers	M30-34	12	27				18	2	12
1386	Richard	Francis	Rugby & Northampton AC	M45-49	13	12				18	2	12
1049	Rob	Barnes	Stopsley Striders	M40-44		13				20	1	13
472	Jamie	Heywood	Bedford Harriers	M35-39	14					21	1	14
1195	Paul	Huckle	Wellingborough & District AC	M35-39	15					22	1	15
1316	Eddie	Sambridge	Wootton Road Runners	M25-29		15				22	1	15
1380	Chris	Wood	Rugby & Northampton AC	M45-49	16					24	1	16
1422	Sam	Tallett	Rugby & Northampton AC	M40-44	23	16				24	2	16
987	Laszlo	Torjai	Olney Runners	M45-49	24	17				26	2	17
1301	Ashley	Gardner	Wootton Road Runners	M40-44	17	22				26	2	17
468	David	Haslam	Bedford Harriers	M40-44	18					28	1	18
477	Adam	Hill	Bedford Harriers	M30-34	39	18				28	2	18
110	Shahab	Ahmad	North Herts Road Runners	M45-49		19				30	1	19
219	Martin	Hughes	Ampthill & Flitwick Flyers	M40-44	19					30	1	19
112	Matt	Sayers	North Herts Road Runners	M50-54	20	44				32	2	20
432	Daniel	Foster	Bedford Harriers	M20-24		20				32	1	20
302	Graham	Pratt	Bedford Harriers	M35-39		21				34	1	21
993	Phil	Holland	Olney Runners	M45-49	21					34	1	21
1152	Chris	Bell	Northants Tri	M55-59	22	28				36	2	22
925	Tony	Letts	Northampton Road Runners	M55-59	33	23				37	2	23
217	Callum	Harrison	Ampthill & Flitwick Flyers	M35-39		24				38	1	24
404	Kit	Dixon	Bedford Harriers	M35-39	25					39	1	25
673	Darren	Cornish	Dunstable Lions	M55-59	30	25				39	2	25

3 Counties Cross Country League Results

After 2 Events

Open Women

15-November-2026

	First Name	Surname	Club	Age Cat	Dunstable	Wootton	North Herts	Bedford	Stopsley	Pos	Races	Score
172	Natalie	Lawrence	Ampthill & Flitwick Flyers	F35-39	1					1	1	1
674	Rosie	McNabola	Dunstable Lions	F30-34	2	1				1	2	1
1297	Katie	Godof	Wootton Road Runners	F45-49		2				3	1	2
712	Emily	Gibbons	Dunstable Lions	F40-44	3	5				4	2	3
1145	Lindsay	Scott	Northants Tri	F40-44		3				4	1	3
123	Rhia	Botha	North Herts Road Runners	F40-44	4					6	1	4
773	Rosie	Booth	Leighton Fun Runners	F50-54		4				6	1	4
744	Amy	Farnfield	Leighton Fun Runners	F40-44	5	11				8	2	5
131	Hannah	Ridley	North Herts Road Runners	F25-29	9	6				9	2	6
364	Anna	Tems	Bedford Harriers	F40-44	6					9	1	6
92	Angharad	Leamon	North Herts Road Runners	F35-39	7					11	1	7
709	Katrina	Wootton	Dunstable Lions	F40-44	12	7				11	2	7
317	Lucy	Baldwin	Bedford Harriers	F45-49		8				13	1	8
1106	Louise	Peters	Stopsley Striders	F50-54	8					13	1	8
1271	Eva	Jennings	Wellingborough & District AC	F20-24	10	9				15	2	9
1315	Kairit	Fitzgerald	Wootton Road Runners	F40-44		10				16	1	10
139	Astrid	Mckeown	North Herts Road Runners	F50-54	11	13				17	2	11
719	Frances	Vosper	Dunstable Lions	F40-44	17	12				18	2	12
593	Nicky	Upperton	Biggleswade AC	F30-34	13					19	1	13
410	Abigail	Turner	Bedford Harriers	F50-54		14				20	1	14
1392	Katerina	Hemmington	Rugby & Northampton AC	F45-49	14					20	1	14
156	Kyrstin	Fairweather	Ampthill & Flitwick Flyers	F50-54	15					22	1	15
1001	Katherine	Mulligan	Olney Runners	F25-29		15				22	1	15
1143	Tiph	Marshall	Northants Tri	F40-44	30	16				24	2	16
1298	Cassandra	Baron	Wootton Road Runners	F45-49	16					24	1	16
952	Faye	Hussey	Northampton Road Runners	F45-49		17				26	1	17
730	Sharon	Nimmo	Dunstable Lions	F45-49	18					27	1	18
834	Anna	Yankey	Leighton Fun Runners	F35-39	25	18				27	2	18
1200	Louise	Kemp	Wellingborough & District AC	F45-49	19	19				29	2	19
89	Georgina	Quayle	North Herts Road Runners	F30-34		20				30	1	20
756	Emily	McClelland	Leighton Fun Runners	F35-39	20					30	1	20
547	Felicity	Wall	Biggleswade AC	F30-34	21					32	1	21
664	Jessi	Brunetti	Dunstable Road Runners	F30-34		21				32	1	21
122	Alice	Carty	North Herts Road Runners	F30-34	22					34	1	22
1366	Alison	Cooper	Rugby & Northampton AC	F50-54		22				34	1	22
493	Niki	Jones	Bedford Harriers	F55-59	31	23				36	2	23
545	Abbie	McCarthy	Biggleswade AC	F30-34	23					36	1	23
926	Charlotte	Yarker	Northampton Road Runners	F45-49	24					38	1	24
1405	Lyndsey	Owen	Rugby & Northampton AC	F50-54	32	24				38	2	24
111	Paula	Adams	North Herts Road Runners	F55-59		25				40	1	25

3 Counties Cross Country League Results

After 2 Events

Men By Age Category

15-November-2026

	First Name	Surname	Club	Age Cat	Dunstable	Wootton	North Herts	Bedford	Stopsley	Pos	Races	Score	Open
582	Henry	Knox	Biggleswade AC	M17-19		2				1	1	2	69
1421	Finn	Swoboda	Rugby & Northampton AC	M17-19	2					2	1	2	85
297	Noah	Parker	Bedford Harriers	M17-19	3					3	1	3	94
627	Benjamin	Pratt	Dunstable Road Runners	M20-24	1	4				1	2	1	153
432	Daniel	Foster	Bedford Harriers	M20-24		2				2	1	2	20
786	Dylan	Morgan-Jones	Leighton Fun Runners	M20-24		3				3	1	3	61
916	Issac	Walter	Northampton Road Runners	M25-29	2	1				1	2	1	6
1316	Eddie	Sambridge	Wootton Road Runners	M25-29		2				2	1	2	15
1207	Joe	Abel	Wellingborough & District AC	M25-29	3					3	1	3	7
106	Ben	Hadman	North Herts Road Runners	M30-34		1				1	1	1	6
341	Liam	Busby	Bedford Harriers	M30-34	1					2	1	1	8
1186	Ross	Laycock	Northants Tri	M30-34		2				2	1	2	8
1194	Peter	Townsend	Wellingborough & District AC	M35-39	2					1	1	2	5
1290	Nick	Ost	Wootton Road Runners	M35-39		2				1	1	2	5
104	Mike	Roberts	North Herts Road Runners	M35-39		3				3	1	3	9
1049	Rob	Barnes	Stopsley Striders	M40-44		1				1	1	1	13
1301	Ashley	Gardner	Wootton Road Runners	M40-44	1	3				2	2	1	17
1422	Sam	Tallett	Rugby & Northampton AC	M40-44	4	2				3	2	2	16
1463	Steve	Buckle	Dunstable Lions	M45-49	1					1	1	1	3
1362	David	Ball	Rugby & Northampton AC	M45-49	2	1				2	2	1	7
1386	Richard	Francis	Rugby & Northampton AC	M45-49	3	2				3	2	2	12
1337	Andy	Fairley	Wootton Road Runners	M50-54		1				1	1	1	4
112	Matt	Sayers	North Herts Road Runners	M50-54	1	3				2	2	1	20
596	Rob	Morgan	Biggleswade AC	M50-54	2					3	1	2	31
1152	Chris	Bell	Northants Tri	M55-59	1	3				1	2	1	22
925	Tony	Letts	Northampton Road Runners	M55-59	3	1				2	2	1	23
673	Darren	Cornish	Dunstable Lions	M55-59	2	2				3	2	2	25
86	Nick	Malpeli	North Herts Road Runners	M60-64	1	1				1	2	1	37
1188	Andy	Green	Northants Tri	M60-64	2	3				2	2	2	72
1402	Brendan	Moen	Rugby & Northampton AC	M60-64	4	2				3	2	2	75
326	Kevin	Shelton-Smith	Bedford Harriers	M65-69		1				1	1	1	73
310	Tony	Alston	Bedford Harriers	M65-69	1	3				2	2	1	91
844	Mark	Kleanthous	Leighton Fun Runners	M65-69		2				3	1	2	89
433	David	Frampton	Bedford Harriers	M70-74	1					1	1	1	107
485	David	Holt	Bedford Harriers	M70-74	2	1				2	2	1	131
561	Charlie	Arnold	Biggleswade AC	M70-74		2				3	1	2	196
924	Michael	Williams	Northampton Road Runners	M75-99		1				1	1	1	173

3 Counties Cross Country League Results

After 2 Events

Women By Age Category

1-February-2026

	First Name	Surname	Club	Age Cat	Well'boro	Wootton	North Herts	Dunstable	Leighton	Pos	Races	Score	Open
146	Sophie	Ingram	Ampthill & Flitwick Flyers	F17-19		1				1	1	1	110
1271	Eva	Jennings	Wellingborough & District AC	F20-24	1	1				1	2	1	9
839	Emily	Heale	Leighton Fun Runners	F20-24	2					2	1	2	33
147	Lottie	Burtenshaw	Ampthill & Flitwick Flyers	F20-24	3	2				3	2	2	52
131	Hannah	Ridley	North Herts Road Runners	F25-29	1	1				1	2	1	6
1001	Katherine	Mulligan	Olney Runners	F25-29		2				2	1	2	15
967	Laura	Fuller	Olney Runners	F25-29	2					3	1	2	55
593	Nicky	Upperton	Biggleswade AC	F30-34	2					1	1	2	13
89	Georgina	Quayle	North Herts Road Runners	F30-34		2				2	1	2	20
547	Felicity	Wall	Biggleswade AC	F30-34	3					3	1	3	21
834	Anna	Yankey	Leighton Fun Runners	F35-39	4	1				1	2	1	18
92	Angharad	Leamon	North Herts Road Runners	F35-39	2					2	1	2	7
1346	Kirsty	Ransom	Wootton Road Runners	F35-39	5	2				3	2	2	37
712	Emily	Gibbons	Dunstable Lions	F40-44	1	2				1	2	1	3
1145	Lindsay	Scott	Northants Tri	F40-44		1				1	1	1	3
123	Rhia	Botha	North Herts Road Runners	F40-44	2					3	1	2	4
1392	Katerina	Hemmington	Rugby & Northampton AC	F45-49	1					1	1	1	14
317	Lucy	Baldwin	Bedford Harriers	F45-49		2				2	1	2	8
1298	Cassandra	Baron	Wootton Road Runners	F45-49	2					3	1	2	16
773	Rosie	Booth	Leighton Fun Runners	F50-54		1				1	1	1	4
1106	Louise	Peters	Stopsley Striders	F50-54	1					2	1	1	8
139	Astrid	Mckeown	North Herts Road Runners	F50-54	2	2				3	2	2	11
493	Niki	Jones	Bedford Harriers	F55-59	1	1				1	2	1	23
111	Paula	Adams	North Herts Road Runners	F55-59		2				2	1	2	25
1053	Heather	Chandler	Stopsley Striders	F55-59	2	3				3	2	2	35
174	Autumn	Lynch	Ampthill & Flitwick Flyers	F60-64		1				1	1	1	51
312	Karen	Robertson	Bedford Harriers	F60-64	1	3				2	2	1	56
933	Paula	Towers	Northampton Road Runners	F60-64	2	2				3	2	2	59
1303	Carrie	Carruthers	Wootton Road Runners	F65-69	1	1				1	2	1	49
337	Veronica	Singleton-Lawley	Bedford Harriers	F65-69	2	2				2	2	2	76
102	Lucy	O'Connor	North Herts Road Runners	F65-69		3				3	1	3	95
463	Nora	Haggart	Bedford Harriers	F70-74	1					1	1	1	28
741	Janet	Langdon	Leighton Fun Runners	F70-74	2	1				2	2	1	125
1263	Sally	Hewitt	Wellingborough & District AC	F70-74	3					3	1	3	140
1378	Angela	Copson	Rugby & Northampton AC	F75-99	1	1				1	2	1	105