

3 Counties Cross Country League Results								After 5 Events		1-February-2026			
	Well'boro		Wootton		North Herts		Dunstable		Leighton		Total		
	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Position
Men													
Ampthill & Flitwick Flyers	6	479	5	710	10	504	4	768	6	647	31	3108	10
Bedford Harriers	14	81	14	85	13	156	14	182	14	139	69	643	1
Biggleswade AC	1	1427	2	909	4	712	3	851	1	1030	11	4929	13
Dunstable Road Runners	2	1252	1	1001	1	1302	1	1712	2	1024	7	6291	14
Leighton Fun Runners	3	797	4	716	5	632	6	604	8	556	26	3305	11
North Herts Road Runners	7	467	12	329	14	143	12	242	13	162	58	1343	3
Northampton Road Runners	4	693	3	730	2	740	2	1310	3	778	14	4251	12
Olney Runners	5	637	9	440	8	535	7	512	5	656	34	2780	9
Stopsley Striders	8	456	7	478	7	546	10	378	9	490	41	2348	6
Northants Tri	10	394	8	450	6	574	8	491	4	686	36	2595	8
Wellingborough & District AC	13	334	11	348	11	409	5	666	7	622	47	2379	5
Wootton Road Runners	12	372	13	222	12	218	13	240	12	338	62	1390	2
Rugby & Northampton AC	11	384	10	403	9	516	9	384	10	388	49	2075	4
Dunstable Lions	9	409	6	699	3	734	11	359	11	370	40	2571	7

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Women													
Ampthill & Flitwick Flyers	5	224	1	385	11	77	7	151	4	287	28	1124	10
Bedford Harriers	14	32	14	44	13	60	13	33	14	46	68	215	1
Biggleswade AC	6	215	6	194	5	251	6	159	9	102	32	921	9
Dunstable Road Runners	2	293	3	351	1	565	1	536	3	291	10	2036	13
Leighton Fun Runners	7	193	9	122	7	150	9	145	8	123	40	733	6
North Herts Road Runners	12	82	12	77	14	34	14	14	13	48	65	255	2
Northampton Road Runners	3	238	5	196	3	370	3	319	1	393	15	1516	12
Olney Runners	10	106	8	151	10	122	11	125	11	85	50	589	5
Stopsley Striders	13	81	11	83	12	65	12	78	12	73	60	380	3
Northants Tri	1	463	2	358	2	558	2	431	2	390	9	2200	14
Wellingborough & District AC	9	140	13	62	9	126	10	130	10	96	51	554	4
Wootton Road Runners	4	232	7	168	4	274	4	182	6	167	25	1023	11
Rugby & Northampton AC	11	94	10	93	6	189	5	178	7	129	39	683	7
Dunstable Lions	8	188	4	216	8	144	8	150	5	203	33	901	8

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Team													
Ampthill & Flitwick Flyers	6	1391	2	2032	12	1023	5	1634	5	1660	30	7740	10
Bedford Harriers	14	538	14	657	13	678	13	575	14	569	68	3017	1
Biggleswade AC	1	2991	3	2018	4	1696	3	1846	2	2110	13	10661	13
Dunstable Road Runners	2	2848	1	2413	1	3246	1	4164	1	2339	6	15010	14
Leighton Fun Runners	3	1791	7	1537	6	1455	7	1365	8	1226	31	7374	9
North Herts Road Runners	11	1101	12	1023	14	499	14	507	13	591	64	3721	2
Northampton Road Runners	4	1787	4	1810	3	2105	2	2968	3	2039	16	10709	12
Olney Runners	7	1359	8	1364	9	1299	8	1206	6	1362	38	6590	7
Stopsley Striders	12	1083	9	1200	11	1100	12	922	11	1031	55	5336	3
Northants Tri	5	1740	6	1679	2	2193	4	1740	4	1897	21	9249	11
Wellingborough & District AC	10	1107	13	995	10	1174	6	1457	7	1299	46	6032	6
Wootton Road Runners	8	1329	10	1187	8	1309	11	1040	10	1095	47	5960	5
Rugby & Northampton AC	13	1010	11	1111	7	1409	9	1116	12	973	52	5619	4
Dunstable Lions	9	1251	5	1763	5	1595	10	1080	9	1201	38	6890	8