

3 Counties Cross Country League Results													
After 4 Events 11-January-2026													
	Well'boro		Wootton		North Herts		Dunstable		Leighton		Total		
	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Position
Men													
Ampthill & Flitwick Flyers	6	479	5	710	10	504	4	768			25	2461	10
Bedford Harriers	14	81	14	85	13	156	14	182			55	504	1
Biggleswade AC	1	1427	2	909	4	712	3	851			10	3899	13
Dunstable Road Runners	2	1252	1	1001	1	1302	1	1712			5	5267	14
Leighton Fun Runners	3	797	4	716	5	632	6	604			18	2749	11
North Herts Road Runners	7	467	12	329	14	143	12	242			45	1181	3
Northampton Road Runners	4	693	3	730	2	740	2	1310			11	3473	12
Olney Runners	5	637	9	440	8	535	7	512			29	2124	8
Stopsley Striders	8	456	7	478	7	546	10	378			32	1858	6
Northants Tri	10	394	8	450	6	574	8	491			32	1909	7
Wellingborough & District AC	13	334	11	348	11	409	5	666			40	1757	4
Wootton Road Runners	12	372	13	222	12	218	13	240			50	1052	2
Rugby & Northampton AC	11	384	10	403	9	516	9	384			39	1687	5
Dunstable Lions	9	409	6	699	3	734	11	359			29	2201	9

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Women													
Ampthill & Flitwick Flyers	5	224	1	385	11	77	7	151			24	837	9
Bedford Harriers	14	32	14	44	13	60	13	33			54	169	1
Biggleswade AC	6	215	6	194	5	251	6	159			23	819	10
Dunstable Road Runners	2	293	3	351	1	565	1	536			7	1745	13
Leighton Fun Runners	7	193	9	122	7	150	9	145			32	610	7
North Herts Road Runners	12	82	12	77	14	34	14	14			52	207	2
Northampton Road Runners	3	238	5	196	3	370	3	319			14	1123	12
Olney Runners	10	106	8	151	10	122	11	125			39	504	5
Stopsley Striders	13	81	11	83	12	65	12	78			48	307	3
Northants Tri	1	463	2	358	2	558	2	431			7	1810	14
Wellingborough & District AC	9	140	13	62	9	126	10	130			41	458	4
Wootton Road Runners	4	232	7	168	4	274	4	182			19	856	11
Rugby & Northampton AC	11	94	10	93	6	189	5	178			32	554	6
Dunstable Lions	8	188	4	216	8	144	8	150			28	698	8

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Team													
Ampthill & Flitwick Flyers	6	1391	2	2032	12	1023	5	1634			25	6080	9
Bedford Harriers	14	538	14	657	13	678	13	575			54	2448	1
Biggleswade AC	1	2991	3	2018	4	1696	3	1846			11	8551	13
Dunstable Road Runners	2	2848	1	2413	1	3246	1	4164			5	12671	14
Leighton Fun Runners	3	1791	7	1537	6	1455	7	1365			23	6148	10
North Herts Road Runners	11	1101	12	1023	14	499	14	507			51	3130	2
Northampton Road Runners	4	1787	4	1810	3	2105	2	2968			13	8670	12
Olney Runners	7	1359	8	1364	9	1299	8	1206			32	5228	7
Stopsley Striders	12	1083	9	1200	11	1100	12	922			44	4305	3
Northants Tri	5	1740	6	1679	2	2193	4	1740			17	7352	11
Wellingborough & District AC	10	1107	13	995	10	1174	6	1457			39	4733	5
Wootton Road Runners	8	1329	10	1187	8	1309	11	1040			37	4865	6
Rugby & Northampton AC	13	1010	11	1111	7	1409	9	1116			40	4646	4
Dunstable Lions	9	1251	5	1763	5	1595	10	1080			29	5689	8