

3 Counties Cross Country League Results

Venue		Wootton						16-November-2025		Team Points	AgeCat Points
Pos.		First Name	Surname	Club	Category	Points					
1	718	Mohammed	Elbayan	Dunstable Lions	M25-29	1			1		1
2	1307	andrew	fairley	Wootton Road Runners	m45-49	2			2		1
3	314	Liam	Busby	Bedford Harriers	M30-34	3			3		1
4	1245	Jonny	Reep	Wellingborough & District AC	M25-29	4			4		2
5	1292	Nick	Ost	Wootton Road Runners	M35-39	5			5		1
6	432	Ryan	Murphy	Bedford Harriers	M35-39	6			6		2
7	415	Joseph	Leonard	Bedford Harriers	M20-24	7			7		1
8	513	Nicholas	Smith	Bedford Harriers	M40-44	8			8		1
9	1166	Ross	Laycock	Northants Tri	M30-34	9			9		2
10	294	Isaac	Aguma	Bedford Harriers	M30-34	10			10		3
11	1223	Joe	Abel	Wellingborough & District AC	M25-29	11			11		3
12	1413	Sam	Tallet	Rugby & Northampton AC	M35-39	12			12		3
13	361	Daniel	Foster	Bedford Harriers	M20-24	13			13		2
14	1298	Ashley	Gardner	Wootton Road Runners	M40-44	14			14		2
15	384	Adam	Hill	Bedford Harriers	M30-34	15			15		4
16	752	Alastair	Mackinell	Leighton Fun Runners	M35-39	16			16		4
17	1310	eddie	sambridge	Wootton Road Runners	m20-24	17			17		3
18	1161	Chris	Bell	Northants Tri	M55-59	18			18		1
19	1378	Richard	Francis	Rugby & Northampton AC	M40-44	19			19		3
20	968	Chris	Ling	Olney Runners	M40-44	20			20		4
21	1229	Paul	Huckle	Wellingborough & District AC	M35-39	21			21		5
22	1045	Rob	Barnes	Stopsley Striders	M35-39	22			22		6
23	380	David	Haslam	Bedford Harriers	M40-44	23			23		5
24	750	Matthew	Ma	Leighton Fun Runners	M40-44	24			24		6
25	343	Kit	Dixon	Bedford Harriers	M35-39	25			25		7
26	81	Shahab	Ahmad	North Herts Road Runners	M40-44	26			26		7
27	563	Jonathan	Quinn	Biggleswade AC	M35-39	27			27		8
28	895	Tony	Letts	Northampton Road Runners	M55-59	28			28		2
29	1018	Tony	McCauley	Olney Runners	M35-39	29			29		9
30	82	James	Warner-Smith	North Herts Road Runners	M30-34	30			30		5
31	227	Callum	Harrison	Amphill & Flitwick Flyers	M35-39	31			31		10
32	675	Gabriel	Popescu	Dunstable Lions	M40-44	32			32		8
33	9	Matt	Sayers	North Herts Road Runners	M50-54	33			33		1
34	1401	Joe	Musgrove	Rugby & Northampton AC	M25-29	34			34		4
35	1116	Tom	Lee	Stopsley Striders	M40-44	35			35		9
36	1286	Thomas	Lack	Wootton Road Runners	M20-24	36			36		4
37	15	Nick	Malpeli	North Herts Road Runners	M55-59	37			37		3
38	581	Robert	Morgan	Biggleswade AC	M45-49	38			38		2
39	671	Darren	Cornish	Dunstable Lions	M55-59	39			39		4
40	1056	Ellie	Davies	Stopsley Striders	M30-34	40			40		6
41	1212	Jon	Kemp	Wellingborough & District AC	M50-54	41			41		2
42	87	Craig	Cartier	North Herts Road Runners	m40-44	42			42		10
43	1016	Thomas	Armstrong	Olney Runners	M40-44	43			43		11
44	30	Alberto	Angurel	North Herts Road Runners	M25-29	44			44		5
45	1287	Stuart	De Freyne	Wootton Road Runners	M40-44	45			45		12
46	1281	Richard	Lack	Wootton Road Runners	M55-59	46			46		5
47	1019	Phil	Holland	Olney Runners	M45-49	47			47		3
48	1024	Laszlo	Torjai	Olney Runners	m45-49	48			48		4
49	1145	Jonny	Prince	Northants Tri	M35-39	49			49		11
50	1015	Thomas	Baggot	Olney Runners	M35-39	50			50		12
51	1146	Andy	Green	Northants Tri	M60-64	51			51		1
52	195	Roger	Ball	Amphill & Flitwick Flyers	M50-54	52			52		3
53	1083	Tom	Rankin	Stopsley Striders	M25-29	53			53		6
54	1197	Ed	norris	Wellingborough & District AC	M35-39	54			54		13
55	1375	Steve	Dixon	Rugby & Northampton AC	M45-49	55			55		5
56	931	Issac	Walter	Northampton Road Runners	M25-29	56			56		7
57	1289	Nick	Morton	Wootton Road Runners	M55-59	57			57		6
58	25	Steve	Mckeown	North Herts Road Runners	M55-59	58			58		7
59	35	Ian	Datlen	North Herts Road Runners	M50-54	59			59		4

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Pos.		First Name	Surname	Club	Category	Points	Team Points	AgeCat Points
60	1228	Ashley	Kenyon	Wellingborough & District AC	M35-39	60	60	14
61	1414	Josh	Tiffin	Rugby & Northampton AC	M30-34	61	61	7
62	1080	Ryan	Parsons	Stopsley Striders	M30-34	62	62	8
63	1421	James	Ruault	Rugby & Northampton AC	M55-59	63	63	8
64	942	Jose	Santos	Northampton Road Runners	M45-49	64	64	6
65	1159	Simon	Smith	Northants Tri	M30-34	65	65	9
66	1156	Paul	Watts	Northants Tri	M40-44	66	66	13
67	575	Neil	Warren	Biggleswade AC	M40-44	67	67	14
68	749	Scott	Mackenzie	Leighton Fun Runners	M30-34	68	68	10
69	685	Russell	Mead	Dunstable Lions	M55-59	69	69	9
70	200	Andy	Bierton	Amphill & Flitwick Flyers	M50-54	70	70	5
71	258	Mark	Raper	Amphill & Flitwick Flyers	M30-34	71	71	11
72	573	Samuel	Wall	Biggleswade AC	M30-34	72	72	12
73	458	Bryan	Seago	Bedford Harriers	M55-59	73	73	10
74	1317	mark	fowler	Wootton Road Runners	m45-49	74	74	7
75	1404	Mark	Quinn	Rugby & Northampton AC	M50-54	75	75	6
76	434	Vittorio	Paci	Bedford Harriers	M50-54	76	76	7
77	426	Gary	McKeaveney	Bedford Harriers	M40-44	77	77	15
78	1191	Scott	Parkin	Wellingborough & District AC	M30-34	78	78	13
79	1383	Katerina	Hemmington	Rugby & Northampton AC	F45-49	1	79	1
80	1199	Colin	Smith	Wellingborough & District AC	M40-44	79	80	16
81	406	Timothy	Kearns	Bedford Harriers	M30-34	80	81	14
82	954	Jake	Doyle	Northampton Road Runners	m35-39	81	82	15
83	1098	Kallum	Wright	Stopsley Striders	M30-34	82	83	15
84	1237	Mark	Bonham	Wellingborough & District AC	M55-59	83	84	11
85	1370	Matt	Clarke	Rugby & Northampton AC	M45-49	84	85	8
86	792	Mark	Kleanthous	Leighton Fun Runners	M60-64	85	86	2
87	412	Stuart	Knight	Bedford Harriers	M60-64	86	87	3
88	1162	Andrew	Verra	Northants Tri	M35-39	87	88	16
89	1061	Gez	Fallon	Stopsley Striders	M55-59	88	89	12
90	879	John	Gibbins	Northampton Road Runners	M50-54	89	90	8
91	632	Szymon	Gosk	Dunstable Road Runners	M45-49	90	91	9
92	440	Noah	Parker	Bedford Harriers	M17-19	91	92	1
93	1306	matthew	goude	Wootton Road Runners	m45-49	92	93	10
94	618	Nikk	Shilvock	Dunstable Road Runners	M55-59	93	94	13
95	1311	thomas	burnett	Wootton Road Runners	m30-34	94	95	16
96	863	Ilir	Brecani	Northampton Road Runners	M45-49	95	96	11
97	1047	Nick	Betts	Stopsley Striders	M45-49	96	97	12
98	1392	Qinghao	Liu	Rugby & Northampton AC	M25-29	97	98	8
99	628	Niall	Smith	Dunstable Road Runners	M30-34	98	99	17
100	279	Stephen	Hartley	Amphill & Flitwick Flyers	M50-54	99	100	9
101	1052	Steve	Close	Stopsley Striders	M55-59	100	101	14
102	1013	Terry	O'Cleirigh	Olney Runners	M60-64	101	102	4
103	987	Jonathan	Goodman	Olney Runners	M35-39	102	103	17
104	702	Frances	Vosper	Dunstable Lions	F40-44	2	104	1
105	38	Mike	Phillips	North Herts Road Runners	M40-44	103	105	17
106	767	Rosie	Booth	Leighton Fun Runners	F45-49	3	106	2
107	1295	David	Parkins	Wootton Road Runners	M60-64	104	107	5
108	1149	Alex	Blackman	Northants Tri	M30-34	105	108	18
109	745	Dan	Green	Leighton Fun Runners	M50-54	106	109	10
110	88	Ben	Snowden	North Herts Road Runners	m45-49	107	110	13
111	85	Chris	Button	North Herts Road Runners	m50-54	108	111	11
112	681	Michael	Donner	Dunstable Lions	M40-44	109	112	18
113	86	Mark	Larwood	North Herts Road Runners	m40-44	110	113	19
114	1153	Keith	Brooks	Northants Tri	M50-54	111	114	12
115	1319	niall	gardiner	Wootton Road Runners	m50-54	112	115	13
116	1412	Carl	Swan	Rugby & Northampton AC	M40-44	113	116	20
117	1012	Steve	Dicks	Olney Runners	M50-54	114	117	14
118	281	Jack	Bierton	Amphill & Flitwick Flyers	M25-29	115	118	9

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Pos.		First Name	Surname	Club	Category	Points	Points	Points
119	569	Nicky	Upperton	Biggleswade AC	F30-34	4	119	1
120	510	Ross	Henson	Bedford Harriers	M45-49	116	120	14
121	382	Owen	Hicks	Bedford Harriers	M20-24	117	121	5
122	1023	John	Elworthy	Olney Runners	m45-49	118	122	15
123	966	Anthony	O'Neil	Olney Runners	M50-54	119	123	15
124	639	Kevin	Minnis	Dunstable Road Runners	M35-39	120	124	18
125	1301	Alex	McMurtie	Wootton Road Runners	M45-49	121	125	16
126	1100	Louise	Peters	Stopsley Striders	F50-54	5	126	1
127	756	Joseph	Langdon	Leighton Fun Runners	M45-49	122	127	17
128	1158	Sarah	Ashcroft	Northants Tri	F35-39	6	128	1
129	298	Lucy	Baldwin	Bedford Harriers	F45-49	7	129	3
130	1323	prashant	Ramachandran	Wootton Road Runners	m40-44	123	130	21
131	424	Christopher	McDonagh	Bedford Harriers	M55-59	124	131	15
132	754	Anna	Yankey	Leighton Fun Runners	F35-39	8	132	2
133	1316	ian	wild	Wootton Road Runners	m45-49	125	133	18
134	1312	nick	sambridge	Wootton Road Runners	m55-59	126	134	16
135	348	Richard	Evans	Bedford Harriers	M35-39	127	135	19
136	610	Matt	Deller	Dunstable Road Runners	M50-54	128	136	16
137	1376	Nick	Feledziak	Rugby & Northampton AC	M35-39	129	137	20
138	1322	alan	coulman	Wootton Road Runners	m45-49	130	138	19
139	1205	Adrian	King	Wellingborough & District AC	M55-59	131	139	17
140	302	Mourad	Ben-Taieb	Bedford Harriers	M65-69	132	140	1
141	246	Philip	Mead	Amphill & Flitwick Flyers	M35-39	133	141	21
142	1202	Eva	Jennings	Wellingborough & District AC	F20-24	9	142	1
143	1213	Christopher	Norris	Wellingborough & District AC	M65-69	134	143	2
144	1207	Katharine	Baxter-Smith	Wellingborough & District AC	F35-39	10	144	3
145	291	Amelia	Abbott	Bedford Harriers	F20-24	11	145	2
146	541	Charlie	Arnold	Biggleswade AC	M65-69	135	146	3
147	446	Isobel	Powell	Bedford Harriers	F25-29	12	147	1
148	24	Astrid	Mckeown	North Herts Road Runners	F50-54	13	148	2
149	683	Richard	Moore	Dunstable Lions	M45-49	136	149	20
150	774	Nick	Young	Leighton Fun Runners	M35-39	137	150	22
151	392	Anna	Horton	Bedford Harriers	F55-59	14	151	1
152	1097	Paul	Whitford	Stopsley Striders	M55-59	138	152	18
153	280	Nick	Rimmer	Amphill & Flitwick Flyers	M55-59	139	153	19
154	995	Mark	Johnson	Olney Runners	M55-59	140	154	20
155	1407	Laurence	Scott	Rugby & Northampton AC	M60-64	141	155	6
156	242	Steven	MacLaughlan	Amphill & Flitwick Flyers	M50-54	142	156	17
157	36	Sarah	Hartley	North Herts Road Runners	F25-29	15	157	2
158	1042	Paul	Abrahams	Stopsley Striders	M45-49	143	158	21
159	362	David	Frampton	Bedford Harriers	M65-69	144	159	4
160	185	Becky	Emery	Amphill & Flitwick Flyers	F30-34	16	160	2
161	574	Giles	Hawthorne	Biggleswade AC	M50-54	145	161	18
162	1239	Louise	Kemp	Wellingborough & District AC	F45-49	17	162	4
163	629	Darrel	Toledo	Dunstable Road Runners	M35-39	146	163	23
164	433	Lauren	Owens	Bedford Harriers	F35-39	18	164	4
165	311	Anthony	Bunker	Bedford Harriers	M50-54	147	165	19
166	612	Neil	Currant	Dunstable Road Runners	M50-54	148	166	20
167	296	Juan Carlos	Augusto	Bedford Harriers	M60-64	149	167	7
168	882	Ryan	Hartwell	Northampton Road Runners	M35-39	150	168	24
169	694	Andy	Smith	Dunstable Lions	M55-59	151	169	21
170	964	Andrew	Jones	Olney Runners	M55-59	152	170	22
171	1148	Gary	Lane	Northants Tri	M65-69	153	171	5
172	988	Justin	Crook	Olney Runners	M45-49	154	172	22
173	1248	Christopher	Abel	Wellingborough & District AC	M50-54	155	173	21
174	1282	Johnathon	Crane	Wootton Road Runners	M40-44	156	174	22
175	324	Mark	Clements	Bedford Harriers	M40-44	157	175	23
176	765	Jim	Buttleman	Leighton Fun Runners	M60-64	158	176	8
177	456	Nick	Sandle	Bedford Harriers	M60-64	159	177	9

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Pos.		First Name	Surname	Club	Category	Points	Points	Points
178	4	Helen	Nuttall	North Herts Road Runners	F40-44	19	178	2
179	1430	Monika	Korendova	Rugby & Northampton AC	f30-34	20	179	3
180	363	Bethany	Francis	Bedford Harriers	F30-34	21	180	4
181	1071	Danny	Kelly	Stopsley Striders	M60-64	160	181	10
182	1105	Cathy	Stephen	Stopsley Striders	F40-44	22	182	3
183	979	Duncan	Winner	Olney Runners	M50-54	161	183	22
184	673	Cahal	Mcconville	Dunstable Lions	M55-59	162	184	23
185	377	Nora	Haggart	Bedford Harriers	F65-69	23	185	1
186	1405	Nigel	Roberts	Rugby & Northampton AC	M55-59	163	186	24
187	794	Kevin	Hare	Leighton Fun Runners	M50-54	164	187	23
188	1167	Robert	White	Northants Tri	M60-64	165	188	11
189	680	Mark	Cornell	Dunstable Lions	M60-64	166	189	12
190	934	David	Whatton	Northampton Road Runners	M60-64	167	190	13
191	1296	Gillian	Jakeman	Wootton Road Runners	F45-49	24	191	5
192	998	Mary	Jones	Olney Runners	F50-54	25	192	3
193	1300	Jason	Eales	Wootton Road Runners	M45-49	168	193	23
194	8	Richard	Weber	North Herts Road Runners	M55-59	169	194	25
195	1050	Peter	Brown	Stopsley Striders	M40-44	170	195	24
196	969	Christopher	Barnes	Olney Runners	M55-59	171	196	26
197	1242	Martin	Newton	Wellingborough & District AC	M50-54	172	197	24
198	1195	Kelly	Wedge	Wellingborough & District AC	F45-49	26	198	6
199	687	Simon	Howes	Dunstable Lions	M50-54	173	199	25
200	223	Stan	Greening	Amphill & Flitwick Flyers	M60-64	174	200	14
201	950	Mark	Speed	Northampton Road Runners	m45-49	175	201	24
202	1303	Graham	Hollowell	Wootton Road Runners	M55-59	176	202	27
203	1089	Jamila	Salam	Stopsley Striders	F40-44	27	203	4
204	1211	Daniel	McAllister	Wellingborough & District AC	M55-59	177	204	28
205	623	Shilen	Mantri	Dunstable Road Runners	M50-54	178	205	26
206	900	Jenny	Lindroth	Northampton Road Runners	F45-49	28	206	7
207	1291	Robert	Rayworth	Wootton Road Runners	M45-49	179	207	25
208	1051	Heather	Chandler	Stopsley Striders	F50-54	29	208	4
209	1400	Richard	Monk	Rugby & Northampton AC	M65-69	180	209	6
210	199	Matt	Bell	Amphill & Flitwick Flyers	M30-34	181	210	19
211	76	Laura	Fairbanks	North Herts Road Runners	F40-44	30	211	5
212	385	Richard	Hill	Bedford Harriers	M65-69	182	212	7
213	783	Steve	Ellerton	Leighton Fun Runners	M60-64	183	213	15
214	1408	Simon	Smith	Rugby & Northampton AC	M55-59	184	214	29
215	1294	Kirsty	Ransom	Wootton Road Runners	F35-39	31	215	5
216	983	Henny	Keppel	Olney Runners	F45-49	32	216	8
217	1058	Ruth	Doyle	Stopsley Striders	F55-59	33	217	2
218	10	Andrew	Coates	North Herts Road Runners	M45-49	185	218	26
219	37	Natalie	Phillips	North Herts Road Runners	F40-44	34	219	6
220	1394	Trudi	Mawby	Rugby & Northampton AC	F40-44	35	220	7
221	955	Carl	Hanford	Northampton Road Runners	m55-59	186	221	30
222	492	Joe	Warren	Bedford Harriers	M55-59	187	222	31
223	347	Francis	Esaw	Bedford Harriers	M75-99	188	223	1
224	1406	John	Saw	Rugby & Northampton AC	M45-49	189	224	27
225	1093	Chris	Treleaven	Stopsley Striders	M55-59	190	225	32
226	197	Ed	Bell	Amphill & Flitwick Flyers	M25-29	191	226	10
227	198	Jeremy	Bell	Amphill & Flitwick Flyers	M60-64	192	227	16
228	554	Roxann	Holder	Biggleswade AC	F30-34	36	228	5
229	1397	Daisy	Melville	Rugby & Northampton AC	F50-54	37	229	5
230	776	Emily	Jones	Leighton Fun Runners	F30-34	38	230	6
231	940	Nathan	Patrick	Northampton Road Runners	M25-29	193	231	11
232	947	Tom	Lewington	Northampton Road Runners	M40-44	194	232	25
233	214	Tony	Cole	Amphill & Flitwick Flyers	M60-64	195	233	17
234	1315	phil	lucas	Wootton Road Runners	m50-54	196	234	27
235	193	Andy	Atherton	Amphill & Flitwick Flyers	M60-64	197	235	18
236	400	Niki	Jones	Bedford Harriers	F55-59	39	236	3

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237	1073	Miriam	Linforth	Stopsley Striders	F40-44	40	237	8
238	1379	Keith	Guthrie	Rugby & Northampton AC	M60-64	198	238	19
239	1618	Andrew	Redden	Wellingborough & District AC	M40-44	199	239	26
240	2	Joanne	Hoare	North Herts Road Runners	F45-49	41	240	9
241	1014	Therese	O'Riordan	Olney Runners	F45-49	42	241	10
242	1210	Emma	Moore	Wellingborough & District AC	F45-49	43	242	11
243	791	Lee	Hayes	Leighton Fun Runners	M40-44	200	243	27
244	1313	paul	maylun	Wootton Road Runners	m60-64	201	244	20
245	414	Laurene	Lee	Bedford Harriers	F45-49	44	245	12
246	409	Simon	King	Bedford Harriers	M65-69	202	246	8
247	943	Paula	Towers	Northampton Road Runners	F55-59	45	247	4
248	359	Lawrence	Folley	Bedford Harriers	M65-69	203	248	9
249	1283	Dave	Jones	Wootton Road Runners	M50-54	204	249	28
250	1420	Phil	Wright	Rugby & Northampton AC	M25-29	205	250	12
251	705	Irina	Cicio	Dunstable Lions	F30-34	46	251	7
252	1084	Stuart	Read	Stopsley Striders	M50-54	206	252	29
253	490	Debbie	Walsh	Bedford Harriers	F40-44	47	253	9
254	682	Peter	Keane	Dunstable Lions	M60-64	207	254	21
255	1112	Dan	Njawaya	Stopsley Striders	M50-54	208	255	30
256	746	Yan	Edwards	Leighton Fun Runners	M35-39	209	256	25
257	973	David	Fensom	Olney Runners	M55-59	210	257	33
258	546	Jake	Genever	Biggleswade AC	M30-34	211	258	20
259	212	Colin	Clennett	Amphill & Flitwick Flyers	M60-64	212	259	22
260	1253	Natasha	Newton	Wellingborough & District AC	F50-54	48	260	6
261	396	Jacqueline	Irvine	Bedford Harriers	F55-59	49	261	5
262	12	Lucy	O'Connor	North Herts Road Runners	F60-64	50	262	1
263	996	Mark	Young	Olney Runners	M45-49	213	263	28
264	578	Stuart	Highland	Biggleswade AC	M50-54	214	264	31
265	999	Matthew	Fox	Olney Runners	M55-59	215	265	34
266	45	John	Auld	North Herts Road Runners	M40-44	216	266	28
267	1243	Keeley	Kenyon	Wellingborough & District AC	F35-39	51	267	6
268	640	Rafi	Phillips	Dunstable Road Runners	M17-19	217	268	2
269	455	Andrew	Robertson	Bedford Harriers	M65-69	218	269	10
270	1059	Andrew	Durrant	Stopsley Striders	M65-69	219	270	11
271	989	Kevin	Gardener	Olney Runners	M65-69	220	271	12
272	201	Mark	Billington	Amphill & Flitwick Flyers	M60-64	221	272	23
273	986	Jo-Anne	Rouse	Olney Runners	F35-39	52	273	7
274	1152	Tiph	Marshall	Northants Tri	F40-44	53	274	10
275	1224	Marc	Sanderson	Wellingborough & District AC	M45-49	222	275	29
276	462	Graham	Short	Bedford Harriers	M65-69	223	276	13
277	1065	Helen	Harris	Stopsley Striders	F55-59	54	277	6
278	454	Karen	Robertson	Bedford Harriers	F60-64	55	278	2
279	1305	caroline	carruthers	Wootton Road Runners	f60-64	56	279	3
280	1309	hannah	groves	Wootton Road Runners	f50-54	57	280	7
281	327	Ray	Cooke	Bedford Harriers	M60-64	224	281	24
282	928	Chloe	Tallett	Northampton Road Runners	F35-39	58	282	8
283	423	Rob	McCaffray	Bedford Harriers	M55-59	225	283	35
284	467	Veronica	Singleton-Lawley	Bedford Harriers	F65-69	59	284	2
285	772	Wayne	Walker	Leighton Fun Runners	M45-49	226	285	30
286	402	Tony	Jones	Bedford Harriers	M65-69	227	286	14
287	1429	Julie	Smith	Rugby & Northampton AC	F50-54	60	287	8
288	1234	Paula	Thomas	Wellingborough & District AC	F45-49	61	288	13
289	437	Anna	Paparozzi	Bedford Harriers	F50-54	62	289	9
290	1060	Martin	Emanual	Stopsley Striders	M40-44	228	290	29
291	1151	Anand	Mistry	Northants Tri	M35-39	229	291	26
292	1020	Andrew	Lindsay	Olney Runners	m50-54	230	292	32
293	1314	steve	bussey	Wootton Road Runners	m70-74	231	293	1
294	1367	Minerva	Chesser	Rugby & Northampton AC	F50-54	63	294	10
295	1006	Robert	Woods	Olney Runners	M55-59	232	295	36

3 Counties Cross Country League Results

Venue		Wootton		16-November-2025			Team	AgeCat
Pos.		First Name	Surname	Club	Category	Points	Points	Points
296	933	Barry	Wesley	Northampton Road Runners	M65-69	233	296	15
297	721	Wendy	Cope	Dunstable Lions	F65-69	64	297	3
298	1096	Sam	Whaley	Stopsley Striders	M45-49	234	298	31
299	301	Richard	Beard	Bedford Harriers	M70-74	235	299	2
300	762	Alan	Hines	Leighton Fun Runners	M45-49	236	300	32
301	918	Zoe	Pickering	Northampton Road Runners	F30-34	65	301	8
302	1321	barbara	walshe	Wootton Road Runners	f40-44	66	302	11
303	480	Wendy	Tharani	Bedford Harriers	F50-54	67	303	11
304	551	Andrew	Hedley	Biggleswade AC	M60-64	237	304	25
305	329	Laura	Corley	Bedford Harriers	F35-39	68	305	9
306	318	Chris	Capps	Bedford Harriers	M70-74	238	306	3
307	317	Lisa	Calvert	Bedford Harriers	F55-59	69	307	7
308	29	Victoria	Markham	North Herts Road Runners	F40-44	70	308	12
309	579	Felicity	Wall	Biggleswade AC	F30-34	71	309	9
310	435	Russell	Page	Bedford Harriers	M65-69	239	310	16
311	1011	Shirley	Woods	Olney Runners	F65-69	72	311	4
312	1022	Adam	Jamison	Olney Runners	M55-59	240	312	37
313	780	Caitrina	Oakes	Leighton Fun Runners	F50-54	73	313	12
314	337	Sue	Cross	Bedford Harriers	F60-64	74	314	4
315	606	Kirsty	Minnis	Dunstable Road Runners	F35-39	75	315	10
316	1320	jerry	innis	Wootton Road Runners	m60-64	241	316	26
317	336	Nick	Cross	Bedford Harriers	M60-64	242	317	27
318	356	Natalie	Fitz-Costa	Bedford Harriers	F30-34	76	318	10
319	18	Dawn	Power	North Herts Road Runners	F50-54	77	319	13
320	990	Laura	Fuller	Olney Runners	F25-29	78	320	3
321	638	Madie	Moffatt	Dunstable Road Runners	F20-24	79	321	3
322	1021	Kate	Roberts	Olney Runners	F45-49	80	322	14
323	742	Paul	Atkinson	Leighton Fun Runners	M65-69	243	323	17
324	496	Alex	Whiting	Bedford Harriers	M30-34	244	324	21
325	1092	Dave	Thompson-Trace	Stopsley Striders	M65-69	245	325	18
326	941	Liv	Rose	Northampton Road Runners	F20-24	81	326	4
327	781	Christine	Ayers	Leighton Fun Runners	F70-74	82	327	1
328	786	Mark	Sammons	Leighton Fun Runners	M55-59	246	328	38
329	570	Jackie	Warren	Biggleswade AC	F55-59	83	329	8
330	75	Linda	Aird	North Herts Road Runners	F65-69	84	330	5
331	1308	diane	rogers	Wootton Road Runners	f55-59	85	331	9
332	1285	Stephen	Smith	Wootton Road Runners	M70-74	247	332	4
333	395	Christine	Irvine	Bedford Harriers	F35-39	86	333	11
334	603	Claire	Thomas	Dunstable Road Runners	F45-49	87	334	15
335	1193	Jackie	King	Wellingborough & District AC	F60-64	88	335	5
336	326	Rachel	Cooke	Bedford Harriers	F55-59	89	336	10
337	1372	Angela	Copson	Rugby & Northampton AC	F75-99	90	337	1
338	784	Stefanie	Bright	Leighton Fun Runners	F35-39	91	338	12
339	364	Amanda	Friman	Bedford Harriers	F65-69	92	339	6
340	953	Rob	Hillier	Northampton Road Runners	m65-69	248	340	19
341	1299	Shane-Louise	Fordham	Wootton Road Runners	F40-44	93	341	13
342	971	Christina	Goodman	Olney Runners	F35-39	94	342	13
343	797	Fleur	Forsythe	Leighton Fun Runners	F30-34	95	343	11
344	165	Sophie	Ingram	Amphill & Flitwick Flyers	F17-19	96	344	1
345	452	Helen	Roberts	Bedford Harriers	F60-64	97	345	6
346	293	Anne	Adamson	Bedford Harriers	F60-64	98	346	7
347	676	Gary	Skinner	Dunstable Lions	M55-59	249	347	39
348	495	Helen	Whiting	Bedford Harriers	F35-39	99	348	14
349	410	Ian	Kingstone	Bedford Harriers	M55-59	250	349	40
350	1200	Claire	Parkinson	Wellingborough & District AC	F45-49	100	350	16
351	621	Richard	Evans	Dunstable Road Runners	M70-74	251	351	5
352	1240	Mollie	McAllister	Wellingborough & District AC	F25-29	101	352	4
353	344	Laura	Dove	Bedford Harriers	F30-34	102	353	12
354	871	Jon	Dilworth	Northampton Road Runners	M70-74	252	354	6

3 Counties Cross Country League Results

Venue		Wootton						
		16-November-2025						
Pos.		First Name	Surname	Club	Category	Points	Team Points	AgeCat Points
355	439	Sarah	Parker	Bedford Harriers	F45-49	103	355	17
356	699	Catriona	Cleaves	Dunstable Lions	F35-39	104	356	15
357	215	Rob	Cook	Amptill & Flitwick Flyers	M65-69	253	357	20
358	430	Alexandra	Morgan	Bedford Harriers	F60-64	105	358	8
359	956	James	Glendenning	Northampton Road Runners	m40-44	254	359	30
360	1284	Lorayne	Keet-Marsh	Wootton Road Runners	F65-69	106	360	7
361	1000	Michelle	Ramsden	Olney Runners	F50-54	107	361	14
362	700	Dawn	Thorne	Dunstable Lions	F45-49	108	362	18
363	367	Richard	Gallivan	Bedford Harriers	M65-69	255	363	21
364	408	Jenny	King	Bedford Harriers	F65-69	109	364	8
365	604	Fatima	Parkar	Dunstable Road Runners	F60-64	110	365	9
366	507	Roger	Thompson	Bedford Harriers	M55-59	256	366	41
367	360	Mia	Ford	Bedford Harriers	F50-54	111	367	15
368	1290	Sam	Innis	Wootton Road Runners	F45-49	112	368	19
369	49	Lindsay	Cook	North Herts Road Runners	F50-54	113	369	16
370	1254	Tracey	Booth	Wellingborough & District AC	F50-54	114	370	17
371	1117	Beryl	Njawaya	Stopsley Striders	F45-49	115	371	20
372	751	Richard	Meredith	Leighton Fun Runners	M50-54	257	372	33
373	761	Shuna	Hodges	Leighton Fun Runners	F45-49	116	373	21
374	295	Jacqueline	Armstrong	Bedford Harriers	F60-64	117	374	10
375	714	Zoe	Mcconville	Dunstable Lions	F25-29	118	375	5
376	557	Maria	Merridan	Biggleswade AC	F55-59	119	376	11
377	755	Janet	Langdon	Leighton Fun Runners	F70-74	120	377	2
378	390	Jacinta	Horne	Bedford Harriers	F60-64	121	378	11
379	151	Valerie	Dawson	Amptill & Flitwick Flyers	F60-64	122	379	12
380	637	Angela	Tarbox	Dunstable Road Runners	F60-64	123	380	13
381	506	Peter	Lawley	Bedford Harriers	M65-69	258	381	22
382	1038	Valerie	Harvgreaves	Olney Runners	F55-59	124	382	12
383	713	Wendy Woo	Hayward	Dunstable Lions	F40-44	125	383	14
384	1217	Margaret	Bond	Wellingborough & District AC	F65-69	126	384	9
385	712	Tina	Keane	Dunstable Lions	F60-64	127	385	14
386	580	Samantha	Thorogood	Biggleswade AC	F45-49	128	386	22
387	299	Tony	Barnes	Bedford Harriers	M60-64	259	387	28
388	566	Bev	Strong	Biggleswade AC	F50-54	129	388	18
389	398	Eve	Johnson	Bedford Harriers	F30-34	130	389	13
390	771	Lynda	Murray	Leighton Fun Runners	F55-59	131	390	13
391	304	Lyndsey	Bithrey	Bedford Harriers	F60-64	132	391	15
392	425	Andrea	McGrellis	Bedford Harriers	F55-59	133	392	14
393	417	Vanessa	Lipski	Bedford Harriers	F55-59	134	393	15
394	352	Jo	Fereday	Bedford Harriers	F60-64	135	394	16
395	70	Brian	Judkins	North Herts Road Runners	M70-74	260	395	7
396	545	Amy	Genever	Biggleswade AC	F30-34	136	396	14
397	474	Gemma	Stevenson	Bedford Harriers	F50-54	137	397	19
398	775	Daisy	Axtell-Powell	Leighton Fun Runners	F35-39	138	398	16
399	741	Nicki	Atkinson	Leighton Fun Runners	F60-64	139	399	17
400	857	Helen	Blackburn	Northampton Road Runners	F60-64	140	400	18
401	984	Hilary	Swanston	Olney Runners	F65-69	141	401	10
402	991	Liz	Conibere	Olney Runners	F70-74	142	402	3
403	1074	Evelyn	Lutterodt	Stopsley Striders	F50-54	143	403	20
404	505	Mario	Cientanni	Bedford Harriers	M60-64	261	404	29
405	453	Steven	Roberts	Bedford Harriers	M65-69	262	405	23
406	463	Jo	Simmons	Bedford Harriers	F45-49	144	406	23
407	403	Melanie	Joy	Bedford Harriers	F45-49	145	407	24
408	547	Shani	Giddings	Biggleswade AC	F60-64	146	408	19
409	444	Jane	Poole	Bedford Harriers	F50-54	147	409	21
410	1144	Val	Bridges	Northants Tri	F70-74	148	410	4