

3 Counties Cross Country League Results

Venue		Wootton						16-February-2025		Team Points	AgeCat Points
Pos.		First Name	Surname	Club	Category	Points					
1	1402	Phil	Melling	Rugby & Northampton AC	M45-49	1			1		1
2	1227	Joe	Able	Wellingborough & District AC	M25-29	2			2		1
3	56	Rob	Jowett	North Herts Road Runners	M35-39	3			3		1
4	1282	Andy	Fairley	Wootton Road Runners	M45-49	4			4		2
5	1214	Jonny	Reep	Wellingborough & District AC	M25-29	5			5		2
6	77	Ben	Hadman	North Herts Road Runners	M30-34	6			6		1
7	87	Wayne	Bell	North Herts Road Runners	M45-49	7			7		3
8	1443	Cian	Hutton	Rugby & Northampton AC	m20-24	8			8		1
9	225	Dan	Karaiskou	Amphill & Flitwick Flyers	M30-34	9			9		2
10	1211	John	Wayland	Wellingborough & District AC	M45-49	10			10		4
11	1403	Ollie	Melling	Rugby & Northampton AC	M17-19	11			11		1
12	978	Chris	Ling	Olney Runners	M40-44	12			12		1
13	497	Kit	Dixon	Bedford Harriers	M30-34	13			13		3
14	1362	David	Ball	Rugby & Northampton AC	M45-49	14			14		5
15	1383	Richard	Francis	Rugby & Northampton AC	M40-44	15			15		2
16	505	Luke	Ablard	Bedford Harriers	M35-39	16			16		2
17	1423	Arthur	Tilt	Rugby & Northampton AC	M17-19	17			17		2
18	66	Matt	Sayers	North Herts Road Runners	M45-49	18			18		6
19	272	Isaac	Aguma	Bedford Harriers	M30-34	19			19		4
20	367	Adam	Hill	Bedford Harriers	M30-34	20			20		5
21	405	Joseph	Leonard	Bedford Harriers	M20-24	21			21		2
22	217	Callum	Harrison	Amphill & Flitwick Flyers	M30-34	22			22		6
23	297	Ed	Castro	Bedford Harriers	M35-39	23			23		3
24	551	Nicholas	Sinclair	Biggleswade AC	M30-34	24			24		7
25	850	Tony	Letts	Northampton Road Runners	M55-59	25			25		1
26	3	Vince	Wright	North Herts Road Runners	M45-49	26			26		7
27	1083	Tom	Rankin	Stopsley Striders	M25-29	27			27		3
28	1199	Ed	Norris	Wellingborough & District AC	M35-39	28			28		4
29	1284	Thomas	Lack	Wootton Road Runners	M20-24	29			29		3
30	1432	Joe	Musgrove	Rugby & Northampton AC	M20-24	30			30		4
31	1	Katie	Harbon	North Herts Road Runners	F25-29	1			31		1
32	20	Ian	Datlen	North Herts Road Runners	M50-54	31			32		1
33	491	Danny	Winn	Bedford Harriers	M40-44	32			33		3
34	1285	Richard	Lack	Wootton Road Runners	M50-54	33			34		2
35	105	Oliver	Babik	North Herts Road Runners	M25-29	34			35		4
36	189	Andy	Bierton	Amphill & Flitwick Flyers	M50-54	35			36		3
37	1379	Steve	Dixon	Rugby & Northampton AC	M45-49	36			37		8
38	58	Steve	Mckeown	North Herts Road Runners	M55-59	37			38		2
39	1080	Ryan	Parsons	Stopsley Striders	M25-29	38			39		5
40	104	Kris	Whitmore	North Herts Road Runners	M50-54	39			40		4
41	34	Michael	Over	North Herts Road Runners	M55-59	40			41		3
42	392	Timothy	Kearns	Bedford Harriers	M30-34	41			42		8
43	1141	Pete	DeBoo	Northants Tri	M30-34	42			43		9
44	555	Emily	Varley	Biggleswade AC	F30-34	2			44		1
45	1153	Jonathan	Prince	Northants Tri	M30-34	43			45		10
46	1072	Christine	Lathwell	Stopsley Striders	F45-49	3			46		1
47	624	Darren	Cornish	Dunstable Lions	M50-54	44			47		5
48	59	Ed	Price	North Herts Road Runners	M45-49	45			48		9
49	1384	Charlie	Gibbs	Rugby & Northampton AC	M17-19	46			49		3
50	1026	Anthony	O'Neil	Olney Runners	M45-49	47			50		10
51	636	Wesley	Thorne	Dunstable Lions	M45-49	48			51		11
52	715	Tom	Ellerton	Leighton Fun Runners	M30-34	49			52		11
53	290	Adam	Broadbent	Bedford Harriers	M40-44	50			53		4
54	720	Richard	Heady	Leighton Fun Runners	M35-39	51			54		5
55	673	Rosie	Booth	Leighton Fun Runners	F45-49	4			55		2
56	1098	Kallum	Wright	Stopsley Striders	M30-34	52			56		12
57	427	Vittorio	Paci	Bedford Harriers	M50-54	53			57		6
58	1226	Robin	Sturman-Coombs	Wellingborough & District AC	M40-44	54			58		5
59	1018	Steve	Dicks	Olney Runners	M50-54	55			59		7

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Pos.		First Name	Surname	Club	Category	Points	Team Points	AgeCat Points
60	1016	Simon	Cook	Olney Runners	M50-54	56	60	8
61	603	Bryn	Thomas	Dunstable Road Runners	M40-44	57	61	6
62	706	Nicholas	Shelley	Leighton Fun Runners	M40-44	58	62	7
63	1290	David	Parkin	Wootton Road Runners	M60-64	59	63	1
64	1283	Niall	Gardiner	Wootton Road Runners	M45-49	60	64	12
65	717	Mark	Kleanthous	Leighton Fun Runners	M60-64	61	65	2
66	400	Stuart	Knight	Bedford Harriers	M55-59	62	66	4
67	1411	Nigel	Roberts	Rugby & Northampton AC	M50-54	63	67	9
68	17	Rhia	Botha	North Herts Road Runners	F35-39	5	68	1
69	1442	Mark	Quinn	Rugby & Northampton AC	m50-54	64	69	10
70	457	Ellie	Sherriffs	Bedford Harriers	F40-44	6	70	1
71	579	Jose	Santos	Dunstable Road Runners	M45-49	65	71	13
72	1061	Gez	Fallon	Stopsley Striders	M50-54	66	72	11
73	1389	Lorna	Hession	Rugby & Northampton AC	F40-44	7	73	2
74	1056	Ellie	Davies	Stopsley Striders	M30-34	67	74	13
75	384	Megan	Jones	Bedford Harriers	F30-34	8	75	2
76	14	Hannah	Ridley	North Herts Road Runners	F25-29	9	76	2
77	700	Anthony	Lombardi	Leighton Fun Runners	M40-44	68	77	8
78	1042	Paul	Abrahams	Stopsley Striders	M45-49	69	78	14
79	1208	Adrian	King	Wellingborough & District AC	M55-59	70	79	5
80	995	Jonathan	Goodman	Olney Runners	M35-39	71	80	6
81	718	Scott	McKenzie	Leighton Fun Runners	M30-34	72	81	14
82	924	David	Ward-Stokes	Northampton Road Runners	M45-49	73	82	15
83	1255	Colin	Smith	Wellingborough & District AC	M40-44	74	83	9
84	660	Lee	Hayward	Dunstable Lions	M45-49	75	84	16
85	1020	Terry	O'Cleirigh	Olney Runners	M60-64	76	85	3
86	1216	Louise	Kemp	Wellingborough & District AC	F45-49	10	86	3
87	1203	Mark	Bonham	Wellingborough & District AC	M55-59	77	87	6
88	1236	Heidi	Langley	Wellingborough & District AC	F40-44	11	88	3
89	210	Fraser	Geddes	Amptill & Flitwick Flyers	M40-44	78	89	10
90	1111	John	Chapman	Stopsley Striders	M65-69	79	90	1
91	692	Daniel	Green	Leighton Fun Runners	M50-54	80	91	12
92	1330	Mark	Baron	Wootton Road Runners	M45-49	81	92	17
93	1256	Martin	Newton	Wellingborough & District AC	M45-49	82	93	18
94	1326	Ian	Wild	Wootton Road Runners	M45-49	83	94	19
95	1002	Mark	Johnson	Olney Runners	M55-59	84	95	7
96	1322	Oliver	Spicer	Wootton Road Runners	M40-44	85	96	11
97	534	Giles	Hawthorne	Biggleswade AC	M50-54	86	97	13
98	1162	Andrew	Verra	Northants Tri	M35-39	87	98	7
99	1438	Matt	Clarke	Rugby & Northampton AC	M45-49	88	99	20
100	987	Duncan	Winner	Olney Runners	M45-49	89	100	21
101	1381	Nick	Feledziak	Rugby & Northampton AC	M35-39	90	101	8
102	1457	Darrel	Toledo	Dunstable Road Runners	M35-39	91	102	9
103	40	John	Auld	North Herts Road Runners	M40-44	92	103	12
104	72	Joshua	Lawless	North Herts Road Runners	M30-34	93	104	15
105	937	Remy	Brooks-Johnson	Northampton Road Runners	M20-24	94	105	5
106	1419	Carl	Swan	Rugby & Northampton AC	M40-44	95	106	13
107	1005	Mary	Jones	Olney Runners	F50-54	12	107	1
108	1097	Paul	Whitford	Stopsley Striders	M55-59	96	108	8
109	691	Steve	Ellerton	Leighton Fun Runners	M60-64	97	109	4
110	1311	Chris	Knight	Wootton Road Runners	M55-59	98	110	9
111	1224	Martin	Arrisol	Wellingborough & District AC	M50-54	99	111	14
112	1015	Sarah	McAuliffe	Olney Runners	F35-39	13	112	2
113	699	Joseph	Langdon	Leighton Fun Runners	M45-49	100	113	22
114	1413	Laurence	Scott	Rugby & Northampton AC	M60-64	101	114	5
115	629	Mark	Cornell	Dunstable Lions	M60-64	102	115	6
116	1159	Gary	Lane	Northants Tri	M60-64	103	116	7
117	721	Andy	Stocks	Leighton Fun Runners	M50-54	104	117	15
118	938	Ryan	Hartwell	Northampton Road Runners	M30-34	105	118	16

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Pos.		First Name	Surname	Club	Category	Points	Team Points	AgeCat Points
119	1222	Chris	Norris	Wellingborough & District AC	M65-69	106	119	2
120	372	David	Holt	Bedford Harriers	M65-69	107	120	3
121	361	Nora	Haggart	Bedford Harriers	F65-69	14	121	1
122	1240	Emma	Moore	Wellingborough & District AC	F40-44	15	122	4
123	1245	Paula	Faller	Wellingborough & District AC	F40-44	16	123	5
124	1235	Pete	Melling	Wellingborough & District AC	M45-49	108	124	23
125	1289	Caroline	Parkin	Wootton Road Runners	F60-64	17	125	1
126	236	Chris	Newnham	Amphill & Flitwick Flyers	M60-64	109	126	8
127	1052	Steve	Close	Stopsley Striders	M50-54	110	127	16
128	144	Kyrstin	Fairweather	Amphill & Flitwick Flyers	F50-54	18	128	2
129	426	Lauren	Owens	Bedford Harriers	F35-39	19	129	3
130	1321	Adrian	Matthews	Wootton Road Runners	M45-49	111	130	24
131	693	Kevin	Hare	Leighton Fun Runners	M50-54	112	131	17
132	985	David	Shakespeare	Olney Runners	M55-59	113	132	10
133	1051	Heather	Chandler	Stopsley Striders	F50-54	20	133	3
134	515	Simon	Grantham	Bedford Harriers	M60-64	114	134	9
135	496	Amelia	Abbott	Bedford Harriers	F20-24	21	135	1
136	540	Roxann	Holder	Biggleswade AC	F30-34	22	136	3
137	646	Cahal	McConville	Dunstable Lions	M55-59	115	137	11
138	1328	Hannah	Spicer	Wootton Road Runners	F35-39	23	138	4
139	289	Paul	Britton	Bedford Harriers	M35-39	116	139	10
140	186	Jeremy	Bell	Amphill & Flitwick Flyers	M60-64	117	140	10
141	131	Jo	Aatkar	Amphill & Flitwick Flyers	F55-59	24	141	1
142	1147	Andy	Green	Northants Tri	M60-64	118	142	11
143	1215	Jon	Kemp	Wellingborough & District AC	M50-54	119	143	18
144	694	Andrew	Heale	Leighton Fun Runners	M55-59	120	144	12
145	294	Gary	Butler	Bedford Harriers	M55-59	121	145	13
146	280	Mourad	Ben-Taieb	Bedford Harriers	M65-69	122	146	4
147	9	Natalie	Phillips	North Herts Road Runners	F40-44	25	147	6
148	190	Mark	Billington	Amphill & Flitwick Flyers	M60-64	123	148	12
149	1329	Janet	Mitchell	Wootton Road Runners	F60-64	26	149	2
150	1452	Sam	Roberts	Dunstable Road Runners	M45-49	124	150	25
151	452	Nick	Sandle	Bedford Harriers	M55-59	125	151	14
152	1071	Danny	Kelly	Stopsley Striders	M60-64	126	152	13
153	1441	Daisy	Melville	Rugby & Northampton AC	f45-49	27	153	4
154	326	Frank	Esaw	Bedford Harriers	M70-74	127	154	1
155	1013	Richard	Nicholson	Olney Runners	M45-49	128	155	26
156	719	Samantha	Heady	Leighton Fun Runners	F40-44	28	156	7
157	1194	Marc	Sanderson	Wellingborough & District AC	M45-49	129	157	27
158	979	Christopher	Barnes	Olney Runners	M55-59	130	158	15
159	22	Lucy	O'Connor	North Herts Road Runners	F60-64	29	159	3
160	1089	Jamila	Salam	Stopsley Striders	F35-39	30	160	5
161	481	Robert	Wallis	Bedford Harriers	M65-69	131	161	5
162	1371	Hayley	Clarke	Rugby & Northampton AC	F45-49	31	162	5
163	1070	Paul	Keech	Stopsley Striders	M65-69	132	163	6
164	368	Richard	Hill	Bedford Harriers	M60-64	133	164	14
165	664	Timothy	Chute	Dunstable Lions	M30-34	134	165	17
166	1394	Helen	Jones	Rugby & Northampton AC	F55-59	32	166	2
167	611	Adam	Pinney	Dunstable Road Runners	M65-69	135	167	7
168	1036	Caroline	Herman	Olney Runners	F55-59	33	168	3
169	781	David	Blackburn	Northampton Road Runners	M65-69	136	169	8
170	668	Simon	Howes	Dunstable Lions	M50-54	137	170	19
171	458	Graham	Short	Bedford Harriers	M65-69	138	171	9
172	330	Peter	Fadden	Bedford Harriers	M25-29	139	172	6
173	1437	Keith	Guthrie	Rugby & Northampton AC	M60-64	140	173	15
174	212	Stan	Greening	Amphill & Flitwick Flyers	M60-64	141	174	16
175	1065	Helen	Harris	Stopsley Striders	F55-59	34	175	4
176	1288	Kirsty	Ransom	Wootton Road Runners	F35-39	35	176	6
177	1064	Richard	Hardy	Stopsley Striders	M70-74	142	177	2

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Pos.		First Name	Surname	Club	Category	Points		
178	302	Mark	Clements	Bedford Harriers	M40-44	143	178	14
179	1160	Keith	Brooks	Northants Tri	M45-49	144	179	28
180	1298	Deana	Lenton	Wootton Road Runners	F55-59	36	180	5
181	467	Stuart	Snelson	Bedford Harriers	M45-49	145	181	29
182	537	Stuart	Highland	Biggleswade AC	M50-54	146	182	20
183	1084	Stewart	Read	Stopsley Striders	M50-54	147	183	21
184	279	Richard	Beard	Bedford Harriers	M70-74	148	184	3
185	199	Colin	Clennett	Amphill & Flitwick Flyers	M60-64	149	185	17
186	1315	Paul	Maylun	Wootton Road Runners	M60-64	150	186	18
187	1059	Andrew	Durrant	Stopsley Striders	M65-69	151	187	10
188	1155	Adrian	Cherry	Northants Tri	M60-64	152	188	19
189	1257	Natasha	Newton	Wellingborough & District AC	F50-54	37	189	4
190	994	Jo-Anne	Rouse	Olney Runners	F35-39	38	190	7
191	337	Debi	Fisher	Bedford Harriers	F30-34	39	191	4
192	535	Andrew	Hedley	Biggleswade AC	M60-64	153	192	20
193	388	Tony	Jones	Bedford Harriers	M60-64	154	193	21
194	411	Rob	McCaffray	Bedford Harriers	M55-59	155	194	16
195	713	Paul	Atkinson	Leighton Fun Runners	M65-69	156	195	11
196	1238	Paula	Thomas	Wellingborough & District AC	F45-49	40	196	6
197	461	Veronica	Singleton-Lawley	Bedford Harriers	F60-64	41	197	4
198	429	Russell	Page	Bedford Harriers	M65-69	157	198	12
199	1308	Dave	Jones	Wootton Road Runners	M50-54	158	199	22
200	1050	Peter	Brown	Stopsley Striders	M40-44	159	200	15
201	478	Sacha	Trude	Bedford Harriers	F55-59	42	201	6
202	277	Tony	Barnes	Bedford Harriers	M60-64	160	202	22
203	651	Greer	Kidney	Dunstable Lions	F50-54	43	203	5
204	359	Joanne	Green	Bedford Harriers	F40-44	44	204	8
205	1460	Elaine	Jenkins	Dunstable Road Runners	F60-64	45	205	5
206	1069	Phil	Jeffrey	Stopsley Striders	M50-54	161	206	23
207	590	Robert	Lee	Dunstable Road Runners	M45-49	162	207	30
208	827	Alan	Hall	Northampton Road Runners	M65-69	163	208	13
209	861	Lesley	Mahony	Northampton Road Runners	F50-54	46	209	6
210	530	Ian	Grimwood	Biggleswade AC	M70-74	164	210	4
211	712	William	Langdon	Leighton Fun Runners	M40-44	165	211	16
212	1291	Samantha	Innis	Wootton Road Runners	F45-49	47	212	7
213	69	Jennie	Fraser	North Herts Road Runners	F45-49	48	213	8
214	1327	Sami	Johnstone	Wootton Road Runners	F35-39	49	214	8
215	1057	Steve	Day	Stopsley Striders	M50-54	166	215	24
216	296	Chris	Capps	Bedford Harriers	M65-69	167	216	14
217	647	Lisa	Phee	Dunstable Lions	F45-49	50	217	9
218	1007	Matthew	Kelly	Olney Runners	M55-59	168	218	17
219	33	Geoff	Davis	North Herts Road Runners	M50-54	169	219	25
220	580	Lucilla	O'Brien	Dunstable Road Runners	F45-49	51	220	10
221	300	Lynn	Christison	Bedford Harriers	F45-49	52	221	11
222	556	Jackie	Warren	Biggleswade AC	F55-59	53	222	7
223	856	Louise	Linnett	Northampton Road Runners	F55-59	54	223	8
224	201	Rob	Cook	Amphill & Flitwick Flyers	M65-69	170	224	15
225	44	Dawn	Power	North Herts Road Runners	F50-54	55	225	7
226	975	Andrew	Jones	Olney Runners	M55-59	171	226	18
227	1313	Diane	Rogers	Wootton Road Runners	F55-59	56	227	9
228	1152	Anand	Mistry	Northants Tri	M35-39	172	228	11
229	881	Adam	Oleszczuk	Northampton Road Runners	M40-44	173	229	17
230	672	Christine	Ayers	Leighton Fun Runners	F70-74	57	230	1
231	352	Richard	Gallivan	Bedford Harriers	M65-69	174	231	16
232	1331	Wayne	Jeyes	Wootton Road Runners	M115-119	175	232	1
233	1292	Kay	Duffy	Wootton Road Runners	F45-49	58	233	12
234	1010	Peter	Houghton	Olney Runners	M40-44	176	234	18
235	1037	Henny	Keppel	Olney Runners	F45-49	59	235	13
236	705	Jon	Riley	Leighton Fun Runners	M35-39	177	236	12

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Pos.		First Name	Surname	Club	Category	Points	Team Points	AgeCat Points
237	141	Valerie	Dawson	Amphill & Flitwick Flyers	F60-64	60	237	6
238	313	Sarah	Crawley	Bedford Harriers	F50-54	61	238	8
239	543	Maria	Meridan	Biggleswade AC	F50-54	62	239	9
240	702	Richard	Meredith	Leighton Fun Runners	M50-54	178	240	26
241	1142	Chris	Baldwin	Northants Tri	M40-44	179	241	19
242	983	David	O'Connor	Olney Runners	M55-59	180	242	19
243	1008	Michelle	Ramsden	Olney Runners	F50-54	63	243	10
244	273	Jacqueline	Armstrong	Bedford Harriers	F55-59	64	244	10
245	1035	Christina	Goodman	Olney Runners	F35-39	65	245	9
246	1302	Michael	Kendal	Wootton Road Runners	M65-69	181	246	17
247	181	Paresh	Aatkar	Amphill & Flitwick Flyers	M55-59	182	247	20
248	711	Dawn	Langdon	Leighton Fun Runners	F45-49	66	248	14
249	594	Ruth	Power	Dunstable Road Runners	F60-64	67	249	7
250	1324	Jo	Ward	Wootton Road Runners	F60-64	68	250	8
251	389	Melanie	Joy	Bedford Harriers	F40-44	69	251	9
252	806	Jon	Dilworth	Northampton Road Runners	M70-74	183	252	5
253	1055	Liz	Davies	Stopsley Striders	F60-64	70	253	9
254	320	Rachel	Dell	Bedford Harriers	F45-49	71	254	15
255	671	Nicki	Atkinson	Leighton Fun Runners	F60-64	72	255	10
256	502	Laura	Dove	Bedford Harriers	F30-34	73	256	5
257	1040	Purdy	Liz	Olney Runners	F60-64	74	257	11
258	1459	Fatima	Parkar	Dunstable Road Runners	F55-59	75	258	11
259	35	Brian	Judkins	North Herts Road Runners	M65-69	184	259	18
260	681	Lynda	Murray	Leighton Fun Runners	F55-59	76	260	12
261	1046	Leigh	Betts	Stopsley Striders	F45-49	77	261	16
262	382	Eve	Johnson	Bedford Harriers	F30-34	78	262	6
263	413	Andrea	McGrellis	Bedford Harriers	F55-59	79	263	13
264	782	Helen	Blackburn	Northampton Road Runners	F60-64	80	264	12
265	1074	Evelyn	Lutterodt	Stopsley Striders	F50-54	81	265	11
266	998	Liz	Conibere	Olney Runners	F70-74	82	266	2
267	678	Nicole	Gibbs	Leighton Fun Runners	F35-39	83	267	10
268	1109	Lauren	Embleton	Stopsley Striders	F25-29	84	268	3
269	480	Diane	Wallis	Bedford Harriers	F65-69	85	269	2
270	516	Jo	Fereday	Bedford Harriers	F60-64	86	270	13
271	360	Victoria	Greene	Bedford Harriers	F55-59	87	271	14
272	471	Gemma	Stevenson	Bedford Harriers	F45-49	88	272	17
273	688	Graham	Cooper	Leighton Fun Runners	M55-59	185	273	21