

3 Counties Cross Country League Results

Venue **Stopsley**

15-January-2023

Pos.	First Name	Surname	Club	Category	Points	Team Points	AgeCat Points
1	544	Ben	Warren	Dunstable Road Runners	m20-24	1	1
2	760	Mike	Roberts	North Herts Road Runners	m30-34	2	2
3	80	Ian	Halpin	Amphill & Flitwick Flyers	m35-39	3	3
4	1368	Andrew	Fairley	Wootton Road Runners	m45-49	4	4
5	742	Adam	Bowler	North Herts Road Runners	m35-39	5	5
6	761	Andrew	Leach	North Herts Road Runners	m55-59	6	6
7	757	Nathan	Pask	North Herts Road Runners	m45-49	7	7
8	90	Jamie	Keane	Amphill & Flitwick Flyers	m35-39	8	8
9	1102	Rob	Barnes	Stopsley Striders	m35-39	9	9
10	721	Ben	Sewell	North Herts Road Runners	m30-34	10	10
11	769	Sam	Coxon	North Herts Road Runners	m30-34	11	11
12	1495	David	Ball	Rugby & Northampton AC	m40-44	12	12
13	1070	Chris	Ling	Olney Runners	m40-44	13	13
14	740	Ed	Price	North Herts Road Runners	m45-49	14	14
15	312	Graham	Pratt	Bedford Harriers	m30-34	15	15
16	770	Vince	Wright	North Herts Road Runners	m45-49	16	16
17	744	Stewart	Overton	North Herts Road Runners	m40-44	17	17
18	1534	Richard	Francis	Rugby & Northampton AC	m40-44	18	18
19	1503	Sam	Tallet	Rugby & Northampton AC	m35-39	19	19
20	89	Dan	Karaiskou	Amphill & Flitwick Flyers	m25-29	20	20
21	759	Shahab	Ahmad	North Herts Road Runners	m40-44	21	21
22	604	Martin	Crane	Leighton Fun Runners	M50-54	22	22
23	64	Tom	Cawdell	Amphill & Flitwick Flyers	m35-39	23	23
24	736	Katie	Harbon	North Herts Road Runners	f25-29	1	24
25	748	Matthew	Sayers	North Herts Road Runners	m45-49	24	25
26	764	Wayne	Bell	North Herts Road Runners	m40-44	25	26
27	1499	Chris	Lamb	Rugby & Northampton AC	m35-39	26	27
28	1348	Paul	Huckle	Wellingborough & District AC	m35-39	27	28
29	1227	Andy	Green	Northants Tri	M55-59	28	29
30	1505	Laurence	Burton	Rugby & Northampton AC	m30-34	29	30
31	926	Tony	Letts	Northampton Road Runners	M50-54	30	31
32	1497	Steve	Dixon	Rugby & Northampton AC	m45-49	31	32
33	1361	Richard	Lack	Wootton Road Runners	m50-54	32	33
34	1123	Tom	Rankin	Stopsley Striders	m25-29	33	34
35	1059	Iain	Dickinson	Olney Runners	m45-49	34	35
36	1270	Jon	Kemp	Wellingborough & District AC	M50-54	35	36
37	1064	Katie	Godof	Olney Runners	f45-49	2	37
38	450	Alistair	Nelson	Biggleswade AC	m25-29	36	38
39	54	Roger	Ball	Amphill & Flitwick Flyers	m50-54	37	39
40	734	James	Keogh	North Herts Road Runners	m40-44	38	40
41	1517	Richard	Owen	Rugby & Northampton AC	m45-49	39	41
42	774	Anna	Klucnika	North Herts Road Runners	f25-29	3	42
43	1054	Simon	Cook	Olney Runners	m50-54	40	43
44	518	Neil	Currant	Dunstable Road Runners	m45-49	41	44
45	1351	Ashley	Gardner	Wootton Road Runners	m40-44	42	45
46	1121	Ryan	Parsons	Stopsley Striders	m25-29	43	46
47	1292	Ed	Norris	Wellingborough & District AC	M30-34	44	47
48	899	Robert	Hemingway	Northampton Road Runners	M40-44	45	48
49	1331	Martin	Arissol	Wellingborough & District AC	M50-54	46	49
50	749	Nick	Malpeli	North Herts Road Runners	m55-59	47	50
51	332	Ellie	Sheriffs	Bedford Harriers	f35-39	4	51
52	1078	Dean	Sartin	Olney Runners	m45-49	48	52
53	1477	Paul	Furness	Rugby & Northampton AC	m50-54	49	53
54	1073	Anthony	O'Neil	Olney Runners	m45-49	50	54
55	629	Martin	Oborne	Leighton Fun Runners	M25-29	51	55
56	610	Daniel	Green	Leighton Fun Runners	M45-49	52	56
57	1108	Ellie	Davies	Stopsley Striders	m30-34	53	57
58	1353	Nick	Morton	Wootton Road Runners	m50-54	54	58
59	477	Paul	Swinburne	Biggleswade AC	m50-54	55	59

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Pos.		First Name	Surname	Club	Category	Points	Points	Points	
60	619	Sagar	Kharab	Leighton Fun Runners	M25-29	56	60	6	
61	511	Jose	Santos	Dunstable Road Runners	m45-49	57	61	13	
62	84	Callum	Harrison	Amphill & Flitwick Flyers	m30-34	58	62	8	
63	700	John	Auld	North Herts Road Runners	m40-44	59	63	10	
64	1113	Gez	Fallon	Stopsley Striders	m50-54	60	64	11	
65	215	Simon	Foster	Bedford Harriers	m50-54	61	65	12	
66	1228	Pete	Deboo	Northants Tri	M30-34	62	66	9	
67	258	Oliver	Jones	Bedford Harriers	m40-44	63	67	11	
68	707	Ian	Datlen	North Herts Road Runners	m50-54	64	68	13	
69	471	Nicky	Upperton	Biggleswade AC	f30-34	5	69	1	
70	270	Stuart	Knight	Bedford Harriers	m55-59	65	70	4	
71	233	James	Goodman	Bedford Harriers	m40-44	66	71	12	
72	526	Wesley	Thorne	Dunstable Road Runners	m40-44	67	72	13	
73	613	Andrew	Heale	Leighton Fun Runners	M55-59	68	73	5	
74	735	James	Walsh	North Herts Road Runners	m50-54	69	74	14	
75	91	Ian	Lambert	Amphill & Flitwick Flyers	m50-54	70	75	15	
76	710	Tash	Pitman	North Herts Road Runners	f45-49	6	76	2	
77	331	Kevin	Shelton-Smith	Bedford Harriers	m60-64	71	77	1	
78	1104	Ade	Copp	Stopsley Striders	m50-54	72	78	16	
79	1139	Paul	Abrahams	Stopsley Striders	m45-49	73	79	14	
80	612	Richard	Heady	Leighton Fun Runners	M35-39	74	80	9	
81	642	Rosie	Booth	Leighton Fun Runners	F45-49	7	81	3	
82	111	Terry	Stanley	Amphill & Flitwick Flyers	m35-39	75	82	10	
83	1284	Francesca	Molossi-Murphy	Wellingborough & District AC	F25-29	8	83	3	
84	1378	Kairit	Fitzgerald	Wootton Road Runners	f35-39	9	84	2	
85	602	Jim	Buttleman	Leighton Fun Runners	M55-59	76	85	6	
86	883	John	Gibbins	Northampton Road Runners	M45-49	77	86	15	
87	1062	Chris	Dunn	Olney Runners	m35-39	78	87	11	
88	292	Juliet	Naylor	Bedford Harriers	f50-54	10	88	1	
89	1061	Stephen	Dicks	Olney Runners	m50-54	79	89	17	
90	745	Astrid	Mckeown	North Herts Road Runners	f45-49	11	90	4	
91	600	Joe	Bidlake-Hull	Leighton Fun Runners	M17-19	80	91	1	
92	1138	Peter	Breslin	Stopsley Striders	m50-54	81	92	18	
93	784	Rhia	Botha	North Herts Road Runners	f35-39	12	93	3	
94	1496	Vince	Carroll	Rugby & Northampton AC	m50-54	82	94	19	
95	635	Chris	Stenner	Leighton Fun Runners	M50-54	83	95	20	
96	775	Mike	Over	North Herts Road Runners	m50-54	84	96	21	
97	1132	Kallum	Wright	Stopsley Striders	m30-34	85	97	10	
98	1230	Robert	White	Northants Tri	M55-59	86	98	7	
99	1221	Lizzie	Fox	Northants Tri	F20-24	13	99	1	
100	729	James	Godfrey	North Herts Road Runners	m45-49	87	100	16	
101	611	Kevin	Hare	Leighton Fun Runners	M50-54	88	101	22	
102	30	Kerry	Large	Amphill & Flitwick Flyers	f35-39	14	102	4	
103	385	Mark	Finn	Bedford Harriers	m45-49	89	103	17	
104	1240	Andrew	Verra	Northants Tri	M30-34	90	104	11	
105	377	Cala	Whitmore	Bedford Harriers	f25-29	15	105	4	
106	980	Andrew	Shaw	Northampton Road Runners	M40-44	91	106	14	
107	1067	Andrew	Jones	Olney Runners	m50-54	92	107	23	
108	269	Sally	Knight	Bedford Harriers	f45-49	16	108	5	
109	1236	Jordan	Lofting	Northants Tri	M25-29	93	109	7	
110	792	Darren	Matussa	North Herts Road Runners	m45-49	94	110	18	
111	467	Natalie	Garner	Biggleswade AC	f30-34	17	111	2	
112	1564	Cahal	McConville	Dunstable Lions	m55-59	95	112	8	
113	163	Mike	Brewer	Bedford Harriers	m45-49	96	113	19	
114	708	Mike	Philips	North Herts Road Runners	m40-44	97	114	15	
115	205	Peter	Fadden	Bedford Harriers	m20-24	98	115	2	
116	720	Steve	Tracey	North Herts Road Runners	m50-54	99	116	24	
117	536	Nikk	Shilvock	Dunstable Road Runners	m50-54	100	117	25	
118	515	Matt	Deller	Dunstable Road Runners	m45-49	101	118	20	

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Pos.		First Name	Surname	Club	Category	Points	Points	Points	
119	160	Heather	Bourne	Bedford Harriers	f30-34	18	119	3	
120	1084	Duncan	Winner	Olney Runners	m45-49	102	120	21	
121	733	Paula	Adams	North Herts Road Runners	f50-54	19	121	2	
122	1281	Nicholas	Page	Wellingborough & District AC	M65-69	103	122	1	
123	244	Dave	Holt	Bedford Harriers	m65-69	104	123	2	
124	779	Rachel	Arnott	North Herts Road Runners	f40-44	20	124	1	
125	1293	Martin	Newton	Wellingborough & District AC	M45-49	105	125	22	
126	97	Philip	Mead	Amphill & Flitwick Flyers	m35-39	106	126	12	
127	113	Ben	Stoneman	Amphill & Flitwick Flyers	m40-44	107	127	16	
128	786	Chris	Pearce	North Herts Road Runners	m35-39	108	128	13	
129	621	Mark	Kleanthous	Leighton Fun Runners	M60-64	109	129	2	
130	327	Claire	Rulton	Bedford Harriers	f45-49	21	130	6	
131	636	Andy	Stocks	Leighton Fun Runners	M45-49	110	131	23	
132	508	James	Webster	Dunstable Road Runners	m40-44	111	132	17	
133	1271	Louise	Kemp	Wellingborough & District AC	f40-44	22	133	2	
134	1010	David	Whatton	Northampton Road Runners	M55-59	112	134	9	
135	46	Nicola	Walton	Amphill & Flitwick Flyers	f40-44	23	135	3	
136	95	Henry	Lynn	Amphill & Flitwick Flyers	m50-54	113	136	26	
137	732	Jane	Clarke	North Herts Road Runners	f40-44	24	137	4	
138	127	Howard	Steel	Amphill & Flitwick Flyers	m40-44	114	138	18	
139	1389	david	parkins	Wootton Road Runners	m55-59	115	139	10	
140	1140	Nick	Betts	Stopsley Striders	m40-44	116	140	19	
141	1103	Peter	Brown	Stopsley Striders	m35-39	117	141	14	
142	1245	Daniel	Bulley	Northants Tri	m25-29	118	142	8	
143	1311	Mark	Bonham	Wellingborough & District AC	M50-54	119	143	27	
144	1233	Gary	Lane	Northants Tri	M60-64	120	144	3	
145	1106	Thomas	Darby	Stopsley Striders	m40-44	121	145	20	
146	787	Steve	Brenton	North Herts Road Runners	m40-44	122	146	21	
147	1470	Simon	Smith	Rugby & Northampton AC	m55-59	123	147	11	
148	337	Juliet	Smith	Bedford Harriers	f55-59	25	148	1	
149	1552	Mark	Cornell	Dunstable Lions	m55-59	124	149	12	
150	502	Becky	Sharpe	Dunstable Road Runners	f30-34	26	150	4	
151	1577	Simon	Robinson	Dunstable Lions	m45-49	125	151	24	
152	1069	Mary	Jones	Olney Runners	f45-49	27	152	7	
153	1529	Smail	Kennas	Rugby & Northampton AC	m70-74	126	153	1	
154	59	Mark	Billington	Amphill & Flitwick Flyers	m55-59	127	154	13	
155	473	Richard	Hill	Biggleswade AC	m55-59	128	155	14	
156	701	Dave	Braybrook	North Herts Road Runners	m60-64	129	156	4	
157	653	Zoe	Jeffers	Leighton Fun Runners	F45-49	28	157	8	
158	1579	Craig	Sweet	Dunstable Lions	m25-29	130	158	9	
159	913	Mark	Kennedy	Northampton Road Runners	M45-49	131	159	25	
160	200	Richard	Evans	Bedford Harriers	m30-34	132	160	12	
161	1071	Sarah	McAuliffe	Olney Runners	f35-39	29	161	5	
162	151	Juan Carlos	Augusto	Bedford Harriers	m55-59	133	162	15	
163	1111	Andrew	Durrant	Stopsley Striders	m60-64	134	163	5	
164	1125	Martin	Read	Stopsley Striders	m40-44	135	164	22	
165	614	Bob	Nichol	Leighton Fun Runners	M55-59	136	165	16	
166	1129	Charlotte	Snowdon	Stopsley Striders	f35-39	30	166	6	
167	1116	Miriam	Linthorpe	Stopsley Striders	f40-44	31	167	5	
168	14	Kyrstin	Fairweather	Amphill & Flitwick Flyers	f45-49	32	168	9	
169	288	Gary	McKeaveney	Bedford Harriers	m35-39	137	169	15	
170	237	Nora	Haggart	Bedford Harriers	f65-69	33	170	1	
171	1288	Chris	Neat	Wellingborough & District AC	M60-64	138	171	6	
172	62	Warwick	Browning	Amphill & Flitwick Flyers	m65-69	139	172	3	
173	1480	Richard	Monk	Rugby & Northampton AC	m65-69	140	173	4	
174	523	Sue	McAvock	Dunstable Road Runners	f50-54	34	174	3	
175	333	Graham	Short	Bedford Harriers	m60-64	141	175	7	
176	1568	Ian	Early	Dunstable Lions	m50-54	142	176	28	
177	524	Teresa	Warren	Dunstable Road Runners	f50-54	35	177	4	

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Pos.		First Name	Surname	Club	Category	Points			
178	57	Jeremy	Bell	Amphill & Flitwick Flyers	m55-59	143	178	17	
179	126	Martin	Godin	Amphill & Flitwick Flyers	m65-69	144	179	5	
180	1050	Chris	Barnes	Olney Runners	m50-54	145	180	29	
181	452	Damien	Pitts	Biggleswade AC	m35-39	146	181	16	
182	1222	Louise	Lane	Northants Tri	F55-59	36	182	2	
183	42	Eleanor	Street	Amphill & Flitwick Flyers	f25-29	37	183	5	
184	368	Lauren	Owens	Bedford Harriers	f35-39	38	184	7	
185	1083	Rob	White	Olney Runners	m45-49	147	185	26	
186	767	Laura	Fairbanks	North Herts Road Runners	f40-44	39	186	6	
187	1277	James	Terry	Wellingborough & District AC	M45-49	148	187	27	
188	1388	Caroline	Parkins	Wootton Road Runners	f55-59	40	188	3	
189	651	Samantha	Heady	Leighton Fun Runners	F35-39	41	189	8	
190	776	Jack	Smislaert	North Herts Road Runners	m25-29	149	190	10	
191	289	Michael	McVitie	Bedford Harriers	m45-49	150	191	28	
192	451	Charlie	Arnold	Biggleswade AC	m65-69	151	192	6	
193	661	Karen	McLean	Leighton Fun Runners	F55-59	42	193	4	
194	655	Isabelle	Kirby	Leighton Fun Runners	F20-24	43	194	2	
195	1516	Lyndsey	Owen	Rugby & Northampton AC	f45-49	44	195	10	
196	638	Wayne	Walker	Leighton Fun Runners	M45-49	152	196	29	
197	548	Sharon	Nimmo	Dunstable Road Runners	f40-44	45	197	7	
198	187	Nick	Cross	Bedford Harriers	m60-64	153	198	8	
199	889	Alan	Hall	Northampton Road Runners	M65-69	154	199	7	
200	672	Adam	Carter	Leighton Fun Runners	M35-39	155	200	17	
201	1131	Sam	Whaley	Stopsley Striders	m45-49	156	201	30	
202	1535	Emma	Blake	Rugby & Northampton AC	f35-39	46	202	9	
203	154	Tony	Barnes	Bedford Harriers	m55-59	157	203	18	
204	1080	David	Shakespeare	Olney Runners	m55-59	158	204	19	
205	847	Matthew	Cleary	Northampton Road Runners	M45-49	159	205	31	
206	1130	Chris	Treleaven	Stopsley Striders	m50-54	160	206	30	
207	1501	Bernie	Myers	Rugby & Northampton AC	m55-59	161	207	20	
208	1096	Linda	Church	Olney Runners	f50-54	47	208	5	
209	623	Joseph	Langdon	Leighton Fun Runners	M40-44	162	209	23	
210	1390	Janet	Mitchell	Wootton Road Runners	f60-64	48	210	1	
211	472	Paula	Frost	Biggleswade AC	f40-44	49	211	8	
212	921	Tim	Leah	Northampton Road Runners	M40-44	163	212	24	
213	731	Helen	Cairns	North Herts Road Runners	f45-49	50	213	11	
214	199	Frank	Esaw	Bedford Harriers	m70-74	164	214	2	
215	456	Giles	Hawthorne	Biggleswade AC	m45-49	165	215	32	
216	478	Connor	Hawthorne	Biggleswade AC	m17-19	166	216	2	
217	26	Theresa	Jackson	Amphill & Flitwick Flyers	f50-54	51	217	6	
218	517	Mike	Reilly	Dunstable Road Runners	m55-59	167	218	21	
219	1278	Marc	Sanderson	Wellingborough & District AC	M40-44	168	219	25	
220	1114	Paul	Keech	Stopsley Striders	m60-64	169	220	9	
221	1124	Stewart	Read	Stopsley Striders	m50-54	170	221	31	
222	1339	Andrew	Reddon	Wellingborough & District AC	m35-39	171	222	18	
223	1554	Robert	Curtis	Dunstable Lions	m55-59	172	223	22	
224	507	Helena	Kvepa	Dunstable Road Runners	f35-39	52	224	10	
225	253	Tony	Jones	Bedford Harriers	m60-64	173	225	10	
226	19	Caroline	Gilby	Amphill & Flitwick Flyers	f55-59	53	226	5	
227	713	Cara	Sutton	North Herts Road Runners	f35-39	54	227	11	
228	730	Andrew	Coates	North Herts Road Runners	m45-49	174	228	33	
229	1479	Angela	Copson	Rugby & Northampton AC	f75-99	55	229	1	
230	789	Tim	Banting	North Herts Road Runners	m55-59	175	230	23	
231	1141	Richard	Hardy	Stopsley Striders	m65-69	176	231	8	
232	277	Laurene	Lee	Bedford Harriers	f45-49	56	232	12	
233	531	Robert	Lee	Dunstable Road Runners	m40-44	177	233	26	
234	728	Francis	Stanton	North Herts Road Runners	m25-29	178	234	11	
235	383	Ceri	Hopewell	Bedford Harriers	f45-49	57	235	13	
236	1294	Natasha	Newton	Wellingborough & District AC	F45-49	58	236	14	

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Pos.		First Name	Surname	Club	Category	Points	Points	Points	
237	265	Viv	Kilgour	Bedford Harriers	f60-64	59	237	2	
238	1578	Graham	Lee	Dunstable Lions	m45-49	179	238	34	
239	666	Doubec	Levick	Leighton Fun Runners	F45-49	60	239	15	
240	222	Stephen	Gale	Bedford Harriers	m60-64	180	240	11	
241	1127	Andrew	Reid	Stopsley Striders	m65-69	181	241	9	
242	722	Lucy	O'Connor	North Herts Road Runners	f60-64	61	242	3	
243	1074	Therese	O'Riordan	Olney Runners	f40-44	62	243	9	
244	257	Kirsty	Jones	Bedford Harriers	f40-44	63	244	10	
245	938	Lesley	Mahony	Northampton Road Runners	F50-54	64	245	7	
246	627	Steve	Molyneaux	Leighton Fun Runners	M50-54	182	246	32	
247	832	David	Blackburn	Northampton Road Runners	M60-64	183	247	12	
248	1478	Minerva	Chesser	Rugby & Northampton AC	f45-49	65	248	16	
249	88	Richie	Jones	Amphill & Flitwick Flyers	m55-59	184	249	24	
250	349	Bev	Tredget	Bedford Harriers	f55-59	66	250	6	
251	350	James	Trodd	Bedford Harriers	m35-39	185	251	19	
252	1120	Charles	Nelis	Stopsley Striders	m55-59	186	252	25	
253	1109	Ruth	Doyle	Stopsley Striders	f50-54	67	253	8	
254	128	Adam	Street	Amphill & Flitwick Flyers	m25-29	187	254	12	
255	503	Claire	Thomas	Dunstable Road Runners	f40-44	68	255	11	
256	1079	Helen	Sartin	Olney Runners	f45-49	69	256	17	
257	22	Charlene	Halpin	Amphill & Flitwick Flyers	f35-39	70	257	12	
258	106	Mark	Rouse	Amphill & Flitwick Flyers	m45-49	188	258	35	
259	167	Chris	Capps	Bedford Harriers	m65-69	189	259	10	
260	458	Ian	Grimwood	Biggleswade AC	m70-74	190	260	3	
261	201	Chris	Fadden	Bedford Harriers	m55-59	191	261	26	
262	550	Carmel	Jarman	Dunstable Road Runners	f50-54	71	262	9	
263	210	Debi	Fisher	Bedford Harriers	f30-34	72	263	5	
264	738	Helen	Ankers	North Herts Road Runners	f25-29	73	264	6	
265	717	Mel	Flynn	North Herts Road Runners	f40-44	74	265	12	
266	641	Christine	Ayers	Leighton Fun Runners	F65-69	75	266	2	
267	475	Stuart	Goodwin	Biggleswade AC	m40-44	192	267	27	
268	1576	Sara	Waters	Dunstable Lions	f50-54	76	268	10	
269	1395	Kay	Duffy	Wootton Road Runners	f45-49	77	269	18	
270	739	Jo	Harbon	North Herts Road Runners	f55-59	78	270	7	
271	782	Natalie	Philips	North Herts Road Runners	f35-39	79	271	13	
272	522	Steven	McAllister	Dunstable Road Runners	m40-44	193	272	28	
273	727	Dawn	Power	North Herts Road Runners	f25-29	80	273	7	
274	514	Lucilla	O'Brien	Dunstable Road Runners	f45-49	81	274	19	
275	173	Lisa	Chapple	Bedford Harriers	f55-59	82	275	8	
276	1571	Anne	Golding	Dunstable Lions	f60-64	83	276	4	
277	297	Russell	Page	Bedford Harriers	m60-64	194	277	13	
278	785	Bev	Rimmer	North Herts Road Runners	f30-34	84	278	6	
279	218	Amanda	Friman	Bedford Harriers	f60-64	85	279	5	
280	460	Jennie	Day	Biggleswade AC	f50-54	86	280	11	
281	7	Denise	Browning	Amphill & Flitwick Flyers	f60-64	87	281	6	
282	645	Chloe	Collins	Leighton Fun Runners	F35-39	88	282	14	
283	1143	Katerina	Tuloo	Stopsley Striders	f40-44	89	283	13	
284	1298	Mary	Pearson	Wellingborough & District AC	F35-39	90	284	15	
285	711	Linda	Aird	North Herts Road Runners	f60-64	91	285	7	
286	1285	Sarah	Partridge-underwood	Wellingborough & District AC	F40-44	92	286	14	
287	716	Sue	Vaughan	North Herts Road Runners	f55-59	93	287	9	
288	1105	Vicki	Crowston	Stopsley Striders	f40-44	94	288	15	
289	631	Keith	Phillips	Leighton Fun Runners	M70-74	195	289	4	
290	519	Paul	Stack	Dunstable Road Runners	m55-59	196	290	27	
291	551	Kelly	Bywater	Dunstable Road Runners	f45-49	95	291	20	
292	793	Andrea	Weisl-Shaw	North Herts Road Runners	f35-39	96	292	16	
293	1304	Claire	Cressy	Wellingborough & District AC	F45-49	97	293	21	
294	338	Jo	Smythe	Bedford Harriers	f45-49	98	294	22	
295	479	Roxann	Holder	Biggleswade AC	f30-34	99	295	7	

3 Counties Cross Country League Results

Venue		Stopsley		15-January-2023				Team Points	AgeCat Points
Pos.		First Name	Surname	Club	Category	Points			
296	1350	Adrian	Matthews	Wootton Road Runners	m45-49	197	296	36	
297	549	Hayley	Keeble	Dunstable Road Runners	f45-49	100	297	23	
298	552	Lee	Jarman	Dunstable Road Runners	m50-54	198	298	33	
299	271	Eva	Kovacs	Bedford Harriers	f50-54	101	299	12	
300	357	Helen	Whiting	Bedford Harriers	f35-39	102	300	17	
301	1396	S	Mitchell	Wootton Road Runners	m	199	301	1	
302	226	Richard	Gallivan	Bedford Harriers	m60-64	200	302	14	
303	501	Alison	Hunt	Dunstable Road Runners	f55-59	103	303	10	
304	509	Johanne	Lee	Dunstable Road Runners	f35-39	104	304	18	
305	603	Graham	Cooper	Leighton Fun Runners	M55-59	201	305	28	
306	859	Sheena	Desborough	Northampton Road Runners	F45-49	105	306	24	
307	1089	David	O'Connor	Olney Runners	m55-59	202	307	29	
308	931	Louise	Linnett	Northampton Road Runners	F50-54	106	308	13	
309	466	Maria	Meridan	Biggleswade AC	f50-54	107	309	14	
310	547	Cheryl	Currant	Dunstable Road Runners	f45-49	108	310	25	
311	657	Janet	Langdon	Leighton Fun Runners	F65-69	109	311	3	
312	656	Clare	Kleanthous	Leighton Fun Runners	F55-59	110	312	11	
313	647	Debbie	Elborn	Leighton Fun Runners	F55-59	111	313	12	
314	994	Debra	Tame	Northampton Road Runners	F50-54	112	314	15	
315	662	Deborah	McMillan	Leighton Fun Runners	F45-49	113	315	26	
316	528	Melody	Ntambalika	Dunstable Road Runners	f45-49	114	316	27	
317	480	Simon	Strong	Biggleswade AC	m50-54	203	317	34	
318	658	Marina	Litster	Leighton Fun Runners	F30-34	115	318	8	
319	183	Stephen	Crane	Bedford Harriers	m65-69	204	319	11	
320	221	Sara	Gale	Bedford Harriers	f60-64	116	320	8	
321	1394	Samantha	Inniss	Wootton Road Runners	f40-44	117	321	16	
322	318	Jenny	Redgrove	Bedford Harriers	f45-49	118	322	28	
323	626	Richard	Meredith	Leighton Fun Runners	M50-54	205	323	35	
324	232	Dave	Girling	Bedford Harriers	m70-74	206	324	5	
325	637	Paul	Thomas	Leighton Fun Runners	M70-74	207	325	6	
326	634	Jon	Riley	Leighton Fun Runners	M35-39	208	326	20	
327	539	Samantha	Hinton	Dunstable Road Runners	f40-44	119	327	17	
328	516	Matthew	Hake	Dunstable Road Runners	m50-54	209	328	36	
329	743	Lindsay	Cook	North Herts Road Runners	f45-49	120	329	29	
330	260	Melanie	Joy	Bedford Harriers	f40-44	121	330	18	
331	504	Clare	Bates	Dunstable Road Runners	f40-44	122	331	19	
332	725	Amanda	Greig	North Herts Road Runners	f45-49	123	332	30	
333	1302	Kirsty	hewitt	Wellingborough & District AC	f40-44	124	333	20	
334	724	Helen	Cromack	North Herts Road Runners	f45-49	125	334	31	
335	537	Nichola	Dent	Dunstable Road Runners	f55-59	126	335	13	
336	648	Michelle	Evans-Riches	Leighton Fun Runners	F55-59	127	336	14	
337	340	Sylvia	Snowling	Bedford Harriers	f60-64	128	337	9	
338	1310	Sally	Hewitt	Wellingborough & District AC	F65-69	129	338	4	
339	790	Jane	Robson	North Herts Road Runners	f55-59	130	339	15	
340	791	Julie	Taylor	North Herts Road Runners	f55-59	131	340	16	
341	521	Sarah	Humphreys	Dunstable Road Runners	f45-49	132	341	32	
342	27	Laura	Johnston	Amphill & Flitwick Flyers	f50-54	133	342	16	
343	714	Brian	Judkins	North Herts Road Runners	m65-69	210	343	12	
344	367	Alex	Morgan	Bedford Harriers	f55-59	134	344	17	
345	532	Stacey	Mills	Dunstable Road Runners	f55-59	135	345	18	
346	1142	Martin	Smith	Stopsley Striders	m45-49	211	346	37	
347	866	Karen	Eke	Northampton Road Runners	F60-64	136	347	10	
348	925	Joanna	Letts	Northampton Road Runners	F50-54	137	348	17	
349	16	Rebecca	Fleckney	Amphill & Flitwick Flyers	f40-44	138	349	21	
350	833	Helen	Blackburn	Northampton Road Runners	F55-59	139	350	19	
351	234	Bev	Gous	Bedford Harriers	f45-49	140	351	33	
352	20	Pat	Godfrey	Amphill & Flitwick Flyers	f70-74	141	352	1	
353	663	Linda	Murray	Leighton Fun Runners	F50-54	142	353	18	
354	267	Andrea	McGrellis	Bedford Harriers	f60-64	143	354	11	

3 Counties Cross Country League Results

Venue **Stopsley**

15-January-2023

Pos.		First Name	Surname	Club	Category	Points	Team Points	AgeCat Points
355	334	Jo	Simmons	Bedford Harriers	f45-49	144	355	34
356	652	Jenny	Hogan	Leighton Fun Runners	F55-59	145	356	20
357	307	Jane	Poole	Bedford Harriers	f50-54	146	357	19
358	67	Robert	Cook	Amphill & Flitwick Flyers	m60-64	212	358	15
359	1241	Rosemary	Kennedy	Northants Tri	F60-64	147	359	12
360	1360	Gerald	Billis	Wootton Road Runners	m75-99	213	360	1
361	1220	Val	Bridges	Northants Tri	F65-69	148	361	5