

3 Counties Cross Country League Results

Venue **Bedford**

22-January-2017

Ampthill & Flitwick Flyers

Team Score

599

Men

No.	First Name	Surname	Vet	2nd	Score	Team
128	Tim	Harris	V35		3	3
146	Craig	Palmer			4	4
159	Mark	Waine	V45		13	13
108	Peter Jr	Benedickter			18	18
155	Terry	Stanley			19	19
131	Phil	Holland	V35		24	24
126	Ian	Halpin			25	25
138	John	Mitcalf	V40		34	35

140 **141**

Ladies

No.	First Name	Surname	Vet	2nd	Score	Team
204	Deborah	Beare			9	99
227	Hattie	Oakley-King			11	106
203	Sophia	Bartlett	V40		13	113
208	Louise	Clark	V40		18	140

51 **458**

Bedford Harriers

Team Score

686

Men

No.	First Name	Surname	Vet	2nd	Score	Team
337	Steven	Horton	V35	S	2	2
323	Pete	Graham			14	14
293	Stuart	Dare	V35		17	17
440	Danny	Winn			20	20
448	Scott	Penfold			23	23
288	David	Course	V35		29	30
380	Andy	Palombella	V35		32	33
404	Kevin	Shelton-Smith	V55		61	65

198 **204**

Ladies

No.	First Name	Surname	Vet	2nd	Score	Team
313	Anna	Folland	V45		6	81
316	Gill	Fullen	V50		10	104
326	Sally	Gurney	V40		17	136
327	Nora	Haggart	V60		23	161

56 **482**

Biggleswade AC

Team Score

1474

Men

No.	First Name	Surname	Vet	2nd	Score	Team
497	Rob	Morgan	V40		42	43
499	Paul	Cooke	V40		78	84
510	Nick	Haworth	V35		88	95
501	Paul	Davies	V45		104	119
500	Giles	Hawthorne	V40		108	123
512	Gary	Fairhurst	V35		155	189
487	Chris	Clarke	V60		160	198
523	Neil	Harvey	V55		163	204

898 **1055**

Ladies

No.	First Name	Surname	Vet	2nd	Score	Team
502	Juliet	Naylor	V40		5	73
495	Isobel	Everest	V40		8	97
482	Hannah	Broom	V35		14	114
488	Natalie	Morgan	V40		16	135

43 **419**

Dunstable Road Runners

Team Score

1532

Men

No.	First Name	Surname	Vet	2nd	Score	Team
590	Lee	Murphy			31	32
613	Matt	Earles	V40		36	37
665	Loui	Faulkner			50	51
608	Lyndon	Moore	V40		58	62
591	John	Murphy	V45		70	75
588	Lee	Richardson	V45		95	105
567	Robert	Curtis	V50		101	115
669	Sean	Byrne	V45		103	118

544 **595**

Ladies

No.	First Name	Surname	Vet	2nd	Score	Team
653	Sue	McAvock	V40		46	213
675	Becks	Sharpe			47	216
623	Anne	Golding	V55		60	245
660	Nicola	Cassidy	V40		68	263

221 **937**

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Leighton Fun Runners

Team Score

1921

Men

No.	First Name	Surname	Vet	2nd	Score	Team
696	Martin	Crane	V45	S	38	39
737	Steve	Harrison	V45		49	50
683	Dan	Green	V40		68	72
698	Matthew	Gilbert	V40		76	82
688	Jim	Buttleman	V50		84	91
695	Martin	Addrison	V60		156	190
693	Mark	McLoughlin	V50		183	239
709	Stephen	Moore	V50		189	252

843 **1015**

Ladies

No.	First Name	Surname	Vet	2nd	Score	Team
731	Zoe	Illingworth	V40	S	25	164
722	Katy	Garnham-Lee	V35		34	188
723	Kelly	McGall			65	254
739	Sally	Puddephatt	V45		93	300

217 **906**

North Herts Road Runners

Team Score

610

Men

No.	First Name	Surname	Vet	2nd	Score	Team
840	Jim	McConnel	V40		6	6
895	Mark	Vaughan	V45		7	7
777	Adam	Bowler			9	9
814	Robert John	Harris	V35	S	10	10
884	Darren	Sunter	V35		16	16
864	John	Rayner	V35		21	21
819	Dan	Hills			26	26
768	John	Auld			28	29

123 **124**

Ladies

No.	First Name	Surname	Vet	2nd	Score	Team
765	Katie	Harbon			4	61
1573	Kat	Burr	V35		12	110
761	Paula	Adams	V45		19	143
804	Yuko	Gordon	V65		27	172

62 **486**

Northampton Road Runners

Team Score

874

Men

No.	First Name	Surname	Vet	2nd	Score	Team
941	David	Green			1	1
953	Chris	Lamb	V35	S	11	11
957	Norbet	Mihalik			12	12
930	Matthew	Crosse	V45		15	15
954	Tony	Letts	V45		30	31
986	Ilir	Brecani	V35		40	41
971	Ed	Taylor	V50		96	107
958	Peter	Moor	V40		115	130

320 **348**

Ladies

No.	First Name	Surname	Vet	2nd	Score	Team
1016	Hayley	Munn		S	1	27
1000	Sarah	Davis	V45		7	86
1020	Wendy	Parker	V50		42	206
1034	Vicki	Baker	V35		43	207

93 **526**

Olney Runners

Team Score

1883

Men

No.	First Name	Surname	Vet	2nd	Score	Team
1090	Steve	Holton			57	60
1074	Steve	Dicks	V40		65	69
1122	Dean	Sartin	V35		69	74
1111	Mike	Pezaro	V40		129	148
1569	David	Shakespeare	V50		131	151
1067	Justin	Crook	V35		134	155
1561	Duncan	Winner	V40		145	171
1054	Chris	Barnes	V45		146	176

876 **1004**

Ladies

No.	First Name	Surname	Vet	2nd	Score	Team
1567	Lisa	Russel	V40		20	150
1113	Georgia	Richardson			21	153
1070	Rachael	David	V50		73	273
1563	Kelly	Arnold			96	303

210 **879**

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Stopsley Striders

Team Score

1347

Men

No.	First Name	Surname	Vet	2nd	Score	Team
1127	Robert	Barnes			8	8
1213	Gez	Fallon	V45		54	57
1210	Alan	Barry			62	66
1139	Adrian	Copp	V40		79	85
1130	Ahmed	Berrah			80	87
1131	Pat	Blessing	V50		90	98
1150	Martin	Fallon	V45		109	124
1155	Paul	Keech	V55		114	129

596 **654**

Ladies

No.	First Name	Surname	Vet	2nd	Score	Team
1215	Christine	Lathwell	V40		3	55
1199	Vanessa	Thompson	V40		41	203
1184	Hannah	Fothergill			48	217
1189	Miriam	Linforth			49	218

141 **693**

Team East Haddon

Team Score

1697

Men

No.	First Name	Surname	Vet	2nd	Score	Team
1239	Matt	Dine	V35		51	52
1220	Andy	Green	V50		56	59
1226	Stuart	Wheeldon	V45		63	67
1230	Adrian	Homer	V45		67	71
1225	James	Makin			75	80
1240	Peter	Chandley	V50		98	109
1229	Rob	White	V50		100	112
1255	Robert	Gaskill			107	122

617 **672**

Ladies

No.	First Name	Surname	Vet	2nd	Score	Team
1275	Joanna	Szymborska	V45		53	226
1242	Joanna	Brinkman	V45		55	232
1252	Sarah	Ryder			57	242
1217	Val	Bridges	V60		115	325

280 **1025**

Wellingborough AC

Team Score

966

Men

No.	First Name	Surname	Vet	2nd	Score	Team
1375	Richard	Loader			5	5
1282	Greg	Spellman	V50		22	22
1322	Peter	Currington		S	27	28
1277	Julian	Blackwell	V45		44	45
1308	Jon	Kemp	V45		46	47
1309	Ben	Shirley	V35		60	64
1327	Nick	Sinnott	V40		72	77
1376	Ian	Barrett	V40		73	78

349 **366**

Ladies

No.	First Name	Surname	Vet	2nd	Score	Team
1339	Kelly	Barnett			2	53
1359	Louise	Kemp	V35		30	175
1333	Helen	Etherington	V35		31	178
1366	Kelly	Wedge	V40		37	194

100 **600**

Wootton Road Runners

Team Score

1872

Men

No.	First Name	Surname	Vet	2nd	Score	Team
1465	Stuart	De Freyne			33	34
1481	Simon	Tootell	V35		39	40
1578	Tim	Thurlow	V35		43	44
1463	Richard	Lack	V45		47	48
1461	Graham	Hollowell	V50		86	93
1477	Terry	Peters	V60		117	132
1460	Dave	Jones	V40		147	177
1475	Steve	Atkinson	V45		158	195

670 **763**

Ladies

No.	First Name	Surname	Vet	2nd	Score	Team
1508	Francesca	Hooper	V35		28	173
1501	Lenka	Watson	V35		74	276
	Last	Lady			120	330
	Last	Lady			120	330

342 **1109**

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Team Summary

	Men		Ladies		Team			
Ampthill & Flitwick Flyers	2	140	2	51	1	141	458	599
Bedford Harriers	3	198	3	56	3	204	482	686
Biggleswade AC	12	898	1	43	7	1055	419	1474
Dunstable Road Runners	6	544	10	221	8	595	937	1532
Leighton Fun Runners	10	843	9	217	12	1015	906	1921
North Herts Road Runners	1	123	4	62	2	124	486	610
Northampton Road Runners	4	320	5	93	4	348	526	874
Olney Runners	11	876	8	210	11	1004	879	1883
Stopsley Striders	7	596	7	141	6	654	693	1347
Team East Haddon	8	617	11	280	9	672	1025	1697
Wellingborough AC	5	349	6	100	5	366	600	966
Wootton Road Runners	9	670	12	342	10	763	1109	1872

Total of Scoring Men's Teams	6941	Contribution to Team Scores	44.89%
Total of Scoring Women's Teams	8520		55.11%