

3 Counties Cross Country League Results

Venue **North Herts**

18-December-2016

Amphill & Flitwick Flyers

Team Score

569

Men

No.	First Name	Surname	Vet	2nd	Score	Team
128	Tim	Harris	V35		1	1
120	Paul	Farmer	V35		3	3
146	Craig	Palmer			6	6
159	Mark	Waine	V45		12	12
158	Steven	Upton	V40		15	15
106	Martin	Beare	V50		25	26
126	Ian	Halpin			27	28
174	Giles	Shorley	V40		31	32

120 123

Ladies

No.	First Name	Surname	Vet	2nd	Score	Team
206	Nicola	Bowerman	V40		4	48
204	Deborah	Beare			11	115
227	Hattie	Oakley-King			13	125
208	Louise	Clark	V40		22	158

50 446

Bedford Harriers

Team Score

579

Men

No.	First Name	Surname	Vet	2nd	Score	Team
251	Charlie	Palmer	V35	S	4	4
302	Christopher	Dilley			8	8
448	Scott	Penfold			14	14
293	Stuart	Dare	V35		17	17
323	Pete	Graham			22	23
380	Andy	Palombella	V35		29	30
312	Gary	Finch	V45		36	38
291	Sean	Crawley	V40		37	39

167 173

Ladies

No.	First Name	Surname	Vet	2nd	Score	Team
401	Kirstie	Sharman	V40		3	46
279	Sally	Cartwright	V45		8	69
326	Sally	Gurney	V40		15	135
316	Gill	Fullen	V50		21	156

47 406

Biggleswade AC

Team Score

1523

Men

No.	First Name	Surname	Vet	2nd	Score	Team
497	Rob	Morgan	V40		33	34
513	Adam	Murphy			92	100
500	Giles	Hawthorne	V40		99	108
510	Nick	Haworth	V35		115	128
483	Charlie	Arnold	V60		139	164
487	Chris	Clarke	V60		147	184
489	Damien	Pitts			153	195
523	Neil	Harvey	V55		164	212

942 1125

Ladies

No.	First Name	Surname	Vet	2nd	Score	Team
502	Juliet	Nayler	V40		6	58
495	Isobel	Everest	V40		9	107
490	Fiona	Wynde	V40		10	111
482	Hannah	Broom	V35		12	122

37 398

Dunstable Road Runners

Team Score

1456

Men

No.	First Name	Surname	Vet	2nd	Score	Team
590	Lee	Murphy			26	27
613	Matt	Earles	V40		38	40
565	Mark	Cornell	V50		79	87
588	Lee	Richardson	V45		86	94
606	Mick	Courtney	V50		95	103
579	Mark	Pedder	V40		102	112
567	Robert	Curtis	V50		114	127
574	Peter	Keane	V50		119	133

659 723

Ladies

No.	First Name	Surname	Vet	2nd	Score	Team
634	Emily	Prejac			23	159
649	Lisa	Phee	V35		35	181
624	Ruth	Grint	V45		39	188
640	Teresa	Warren	V45		46	205

143 733

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Leighton Fun Runners

Team Score

1538

Men

No.	First Name	Surname	Vet	2nd	Score	Team
696	Martin	Crane	V45	S	19	19
737	Steve	Harrison	V45		43	45
683	Dan	Green	V40		54	60
707	Rob	Laughton	V40		73	81
681	Andrew	Heale	V50		76	84
688	Jim	Buttleman	V50		78	86
682	Colin	Aitken	V35		80	88
689	John	Preston	V45		113	126

536 589

Ladies

No.	First Name	Surname	Vet	2nd	Score	Team
722	Katy	Garnham-Lee	V35		31	174
723	Kelly	McGall			56	230
717	Georgi	Preston	V40		72	270
729	Taraneh	Gerami	V55	S	76	275

235 949

North Herts Road Runners

Team Score

671

Men

No.	First Name	Surname	Vet	2nd	Score	Team
832	Andrew	Leach	V50		2	2
895	Mark	Vaughan	V45		5	5
861	Edward	Price	V40	S	9	9
777	Adam	Bowler			10	10
839	Darren	Matussa	V40		18	18
864	John	Rayner	V35		20	20
768	John	Auld			23	24
819	Dan	Hills			30	31

117 119

Ladies

No.	First Name	Surname	Vet	2nd	Score	Team
811	Katie	Harbon			5	50
761	Paula	Adams	V45		17	144
910	Chloe	Lucas			32	176
804	Yuko	Gordon	V65		36	182

90 552

Northampton Road Runners

Team Score

1226

Men

No.	First Name	Surname	Vet	2nd	Score	Team
957	Norbet	Mihalik			11	11
941	David	Green			21	22
988	Iliir	Breani	V35		40	42
926	Mick	Conroy	V55		71	79
960	Jonathon	Panter	V50		72	80
971	Ed	Taylor	V50		89	97
958	Peter	Moor	V40		104	114
961	Seb	Perry	V45		127	143

535 588

Ladies

No.	First Name	Surname	Vet	2nd	Score	Team
1016	Hayley	Munn		S	1	21
1034	Vicki	Baker	V35		37	183
1020	Wendy	Parker	V50		45	202
1018	Elaine	Palmer	V45		57	232

140 638

Olney Runners

Team Score

2303

Men

No.	First Name	Surname	Vet	2nd	Score	Team
1074	Steve	Dicks	V40		63	71
1122	Dean	Sartin	V35		64	72
1063	Simon	Cook	V40		82	90
1111	Mike	Pezaro	V40		131	148
1561	Duncan	Winner	V40		154	196
1108	David	O'Connor	V50		187	249
1114	Jim	Richardson	V50		193	261
1566	Justin	Schofield	V45		195	264

1069 1351

Ladies

No.	First Name	Surname	Vet	2nd	Score	Team
1113	Georgia	Richardson			25	161
1567	Lisa	Russel	V40		28	170
1560	Claire	White	V40		92	295
1058	Liz	Brewster	V50		117	326

262 952

3 Counties Cross Country League Results

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Stopsley Striders

Team Score 1081

Men

No.	First Name	Surname	Vet	2nd	Score	Team
1127	Robert	Barnes			7	7
1213	Gez	Fallon	V45		41	43
1210	Alan	Barry			44	47
1167	Nathan	Scott	V35		49	54
1131	Pat	Blessing	V50		61	68
1139	Adrian	Copp	V40		62	70
1137	John	Chapman	V55		70	78
1214	Danny	Kelly	V55		74	82

408 449

Ladies

No.	First Name	Surname	Vet	2nd	Score	Team
1215	Christine	Lathwell	V40		7	62
1193	Paula	Nicol	V35	S	19	152
1184	Hannah	Fothergill			40	189
1200	Lorraine	Webb	V40		55	229

121 632

Team East Haddon

Team Score 1492

Men

No.	First Name	Surname	Vet	2nd	Score	Team
1228	Matthew	Tyrrell	V40		39	41
1237	Tim	Webster			42	44
1239	Matt	Dine	V35		45	49
1225	James	Makin			51	56
1230	Adrian	Homer	V45		66	74
1229	Rob	White	V50		84	92
1241	Matt	Tilt	V45		116	130
1255	Robert	Gaskill			133	150

576 636

Ladies

No.	First Name	Surname	Vet	2nd	Score	Team
1250	Liv	Thompson			20	154
1251	Sally	Tilt	V40		24	160
1275	Joanna	Szymborska	V45		52	218
1217	Val	Bridges	V60		115	324

211 856

Wellingborough AC

Team Score 1104

Men

No.	First Name	Surname	Vet	2nd	Score	Team
1322	Peter	Currington		S	13	13
1282	Greg	Spellman	V50		16	16
1308	Jon	Kemp	V45		28	29
1277	Julian	Blackwell	V45		34	35
1376	Ian	Barrett	V40		58	65
1291	Mark	Bonham	V45		77	85
1327	Nick	Sinnott	V40		81	89
1325	John	Donaldson	V55		87	95

394 427

Ladies

No.	First Name	Surname	Vet	2nd	Score	Team
1339	Kelly	Barnett			2	37
1333	Helen	Etherington	V35		44	201
1359	Louise	Kemp	V35		47	206
1341	Amy	Vaughan			58	233

151 677

Wootton Road Runners

Team Score 1711

Men

No.	First Name	Surname	Vet	2nd	Score	Team
1465	Stuart	De Freyne			24	25
1463	Richard	Lack	V45		32	33
1481	Simon	Tootell	V35		47	52
1464	Paul	Matthews	V45		68	76
1472	Mike	Wheeler			85	93
1476	Nial	Gardiner	V40		96	104
1461	Graham	Hollowell	V50		110	121
1483	Chris	Jakeman	V40		128	145

590 649

Ladies

No.	First Name	Surname	Vet	2nd	Score	Team
1508	Frances	Hooper	V35		34	178
1500	Janet	Mitchell	V50		49	214
	Last	Lady			125	335
	Last	Lady			125	335

333 1062

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Team Summary

	Men		Ladies		Team			
Ampthill & Flitwick Flyers	2	120	3	50	1	123	446	569
Bedford Harriers	3	167	2	47	2	173	406	579
Biggleswade AC	11	942	1	37	9	1125	398	1523
Dunstable Road Runners	10	659	7	143	7	723	733	1456
Leighton Fun Runners	7	536	10	235	10	589	949	1538
North Herts Road Runners	1	117	4	90	3	119	552	671
Northampton Road Runners	6	535	6	140	6	588	638	1226
Olney Runners	12	1069	11	262	12	1351	952	2303
Stopsley Striders	5	408	5	121	4	449	632	1081
Team East Haddon	8	576	9	211	8	636	856	1492
Wellingborough AC	4	394	8	151	5	427	677	1104
Wootton Road Runners	9	590	12	333	11	649	1062	1711
Total of Scoring Men's Teams			6952		Contribution to Team Scores		45.58%	
Total of Scoring Women's Teams			8301				54.42%	