

# 3 Counties Cross Country League Results

Venue **Wing**

27-November-2016

## Amphill & Flitwick Flyers

Team Score

756

### Men

No.	First Name	Surname	Vet	2nd	Score	Team
128	Tim	Harris	V35		1	1
160	Max	Dillon			3	3
102	Alex	Ash			16	16
159	Mark	Waine	V45		18	18
155	Terry	Stanley			27	28
148	Simon	Read	V40	S	33	34
126	Ian	Halpin			36	37
106	Martin	Beare	V50		37	38

171 175

### Ladies

No.	First Name	Surname	Vet	2nd	Score	Team
203	Sophia	Bartlett	V40		13	130
227	Hattie	Oakley-King			14	143
204	Deborah	Beare			16	148
215	Caroline	Gilby	V50		21	160

64 581

## Bedford Harriers

Team Score

523

### Men

No.	First Name	Surname	Vet	2nd	Score	Team
251	Charlie	Palmer	V35	S	4	4
302	Christopher	Dilley			10	10
372	Adam	Mills	V45		12	12
448	Scott	Penfold			14	14
288	David	Course	V35		22	23
323	Pete	Graham			25	26
380	Andy	Palombella	V35		34	35
432	Kevin	Willett	V50		39	40

160 164

### Ladies

No.	First Name	Surname	Vet	2nd	Score	Team
313	Anna	Folland	V45		3	62
401	Kirstie	Sharman	V40		4	64
279	Sally	Cartwright	V45		8	72
326	Sally	Gurney	V40		22	161

37 359

## Biggleswade AC

Team Score

1391

### Men

No.	First Name	Surname	Vet	2nd	Score	Team
497	Rob	Morgan	V40		45	46
510	Nick	Haworth	V35		66	74
499	Paul	Cooke	V40		67	75
500	Giles	Hawthorne	V40		99	107
513	Adam	Murphy			100	108
501	Paul	Davies	V45		131	146
483	Charlie	Arnold	V60		133	149
489	Damien	Pitts			145	175

786 880

### Ladies

No.	First Name	Surname	Vet	2nd	Score	Team
502	Juliet	Nayler	V40		6	68
495	Isobel	Everest	V40		9	115
482	Hannah	Broom	V35		15	144
488	Natalie	Morgan	V40		34	184

64 511

## Dunstable Road Runners

Team Score

1488

### Men

No.	First Name	Surname	Vet	2nd	Score	Team
665	Loui	Faulkner			23	24
608	Lyndon	Moore	V40		24	25
590	Lee	Murphy			35	36
613	Matt	Earles	V40		41	42
588	Lee	Richardson	V45		81	89
606	Mick	Courtney	V50		92	100

### Ladies

No.	First Name	Surname	Vet	2nd	Score	Team
624	Ruth	Grint	V45		33	183
640	Teresa	Warren	V45		37	191
660	Nicola	Cassidy	V40		61	247
626	Tina	Keane	V50		108	314

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565	Mark	Cornell	V50		109	118
669	Sean	Byrne	V45		110	119

**515 553**

**239 935**

## Leighton Fun Runners

Men

No.	First Name	Surname	Vet	2nd	Score	Team
696	Martin	Crane	V45	S	19	19
737	Steve	Harrison	V45		40	41
683	Dan	Green	V40		59	61
682	Colin	Aitken	V35		72	80
681	Andrew	Heale	V50		82	90
694	Mark	Beesley	V50		87	95
689	John	Preston	V45		95	103
688	Jim	Buttleman	V50		107	116

**561 605**

Ladies

No.	First Name	Surname	Vet	2nd	Score	Team
731	Zoe	Illingworth	V40	S	25	167
736	Charlie	Cornwell			51	218
723	Kelly	McGill			62	249
717	Georgi	Preston	V40		65	253

**203 887**

**Team Score 1492**

## North Herts Road Runners

Men

No.	First Name	Surname	Vet	2nd	Score	Team
895	Mark	Vaughan	V45		5	5
840	Jim	McConnel	V40		6	6
861	Edward	Price	V40	S	7	7
777	Adam	Bowler			8	8
768	John	Auld			21	22
837	Nicholas	Malpeli	V50		28	29
839	Darren	Matussa	V40		29	30
864	John	Rayner	V35		30	31

**134 138**

Ladies

No.	First Name	Surname	Vet	2nd	Score	Team
811	Katie	Harbon			5	65
1573	Kat	Burr	V35		12	129
761	Paula	Adams	V45		26	170
857	Natasha	Pitman	V40		27	171

**70 535**

**Team Score 673**

## Northampton Road Runners

Men

No.	First Name	Surname	Vet	2nd	Score	Team
941	David	Green			2	2
957	Norbet	Mihalik			9	9
953	Chris	Lamb	V35	S	11	11
954	Tony	Letts	V45		31	32
988	Ilir	Brecani	V35		47	48
951	Mark	Kennedy	V40		93	101
958	Peter	Moor	V40		96	104
915	Darren	Baldwin	V50		118	131

**407 438**

Ladies

No.	First Name	Surname	Vet	2nd	Score	Team
1016	Hayley	Munn		S	1	20
1034	Vicki	Baker	V35		44	205
1020	Wendy	Parker	V50		48	213
1012	Sarah	Jones	V45		53	231

**146 669**

**Team Score 1107**

## Olney Runners

Men

No.	First Name	Surname	Vet	2nd	Score	Team
1122	Dean	Sartin	V35		63	70

Ladies

No.	First Name	Surname	Vet	2nd	Score	Team
1567	Lisa	Russel	V40		30	174

**Team Score 2145**

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1069	Darren	Darkins			69	77
1074	Steve	Dicks	V40		73	81
1117	John	Risby	V60		113	122
1111	Mike	Pezaro	V40		142	166
1569	David	Shakespeare	V50		146	176
1054	Chris	Barnes	V45		149	180
1561	Duncan	Winner	V40		175	226

**930 1098**

1070	Rachael	David	V50		81	284
1560	Claire	White	V40		88	294
1065	Bethan	Courtman	V45		89	295

**288 1047**

## Stopsley Striders

Men

No.	First Name	Surname	Vet	2nd	Score	Team
1127	Robert	Barnes			13	13
1213	Gez	Fallon	V45		52	53
1139	Adrian	Copp	V40		79	87
1131	Pat	Blessing	V50		80	88
1214	Danny	Kelly	V55		84	92
1128	Alan	Barry			85	93
1150	Martin	Fallon	V45		90	98
1160	Lewis	May			125	138

**608 662**

Ladies

No.	First Name	Surname	Vet	2nd	Score	Team
1215	Christine	Lathwell	V40		7	69
1212	Libby	Danckert			18	152
1193	Paula	Nicol	V35	S	19	156
1189	Miriam	Linforth			59	243

**103 620**

## Team Score

**1282**

## Team East Haddon

Men

No.	First Name	Surname	Vet	2nd	Score	Team
1220	Andy	Green	V50		48	49
1226	Stuart	Wheeldon	V45		56	58
1237	Tim	Webster			58	60
1225	James	Makin			60	63
1239	Matt	Dine	V35		74	82
1255	Robert	Gaskill			97	105
1241	Matt	Tilt	V45		123	136
1216	Sam	Cortese	V55		177	229

**693 782**

Ladies

No.	First Name	Surname	Vet	2nd	Score	Team
1250	Liv	Thompson			17	151
1247	Sarah	Cosford			20	159
1251	Sally	Tilt	V40		23	162
1224	Joanna	Szymborska	V45		56	234

**116 706**

## Team Score

**1488**

## Wellingborough AC

Men

No.	First Name	Surname	Vet	2nd	Score	Team
1322	Peter	Currington		S	15	15
1282	Greg	Spellman	V50		20	21
1308	Jon	Kemp	V45		32	33
1277	Julian	Blackwell	V45		49	50
1314	Chris	Conway	V40		62	67
1291	Mark	Bonham	V45		75	83
1327	Nick	Sinnott	V40		94	102
1304	Andrew	Redden			98	106

**445 477**

Ladies

No.	First Name	Surname	Vet	2nd	Score	Team
1339	Kelly	Barnett			2	55
1336	Lisa	Smith			11	128
1359	Louise	Kemp	V35		42	202
1351	Natasha	Wain	V40		50	217

**105 602**

## Team Score

**1079**

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## Wootton Road Runners

Team Score

**1124**

### Men

No.	First Name	Surname	Vet	2nd	Score	Team
1507	Andy	Fairley	V40		17	17
1465	Stuart	De Freyne			26	27
1468	Tim	ThurLOW	V35		38	39
1463	Richard	Lack	V45		42	43
1474	Dean	Weldon	V45		53	54
1490	James	Armstrong			57	59
1481	Simon	Tootell	V35		61	66
1464	Paul	Matthews	V45		78	86
					<b>372</b>	<b>391</b>

### Ladies

No.	First Name	Surname	Vet	2nd	Score	Team
1514	Victoria	Ayliff			10	125
1508	Francess	Hooper	V35		35	189
1498	Gillian	Jakeman	V40		43	203
1510	Andrea	Collingwood	V40		49	216

**137** **733**

## Team Summary

	Men		Ladies		Team			
Amphill & Flitwick Flyers	3	171	2	64	3	175	581	756
Bedford Harriers	2	160	1	37	1	164	359	523
Biggleswade AC	11	786	2	64	8	880	511	1391
Dunstable Road Runners	7	515	11	239	9	553	935	1488
Leighton Fun Runners	8	561	10	203	11	605	887	1492
North Herts Road Runners	1	134	4	70	2	138	535	673
Northampton Road Runners	5	407	9	146	5	438	669	1107
Olney Runners	12	930	12	288	12	1098	1047	2145
Stopsley Striders	9	608	5	103	7	662	620	1282
Team East Haddon	10	693	7	116	9	782	706	1488
Wellingborough AC	6	445	6	105	4	477	602	1079
Wootton Road Runners	4	372	8	137	6	391	733	1124

<b>Total of Scoring Men's Teams</b>	<b>6363</b>	<b>Contribution to Team Scores</b>	<b>43.74%</b>
<b>Total of Scoring Women's Teams</b>	<b>8185</b>		<b>56.26%</b>